US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:57	0.4	3:27	0.4	9:15	0.1	9:55	0.1	4:59	7:13	
2	Mon	3:43	0.3	4:11	0.4	9:58	0.1	10:54	0.1	4:59	7:12	
3	Tue	4:30	0.3	4:55	0.4	10:50	0.1	11:57	0.1	5:00	7:11	
4	Wed	5:19	0.3	5:42	0.4	11:49	0.1			5:01	7:10	
5	Thu	6:13	0.3	6:35	0.4	12:57	0.1	12:48	0.1	5:02	7:09	
6	Fri	7:13	0.3	7:32	0.4	1:51	0.1	1:43	0.1	5:03	7:08	
7	Sat	8:11	0.3	8:26	0.4	2:41	0.1	2:34	0.1	5:04	7:07	
8	Sun	9:02	0.4	9:14	0.4	3:28	0.0	3:24	0.0	5:05	7:05	
9	Mon	9:49	0.4	10:00	0.5	4:15	0.0	4:15	0.0	5:06	7:04	
10	Tue	10:33	0.4	10:44	0.5	5:01	0.0	5:05	0.0	5:07	7:03	
11	Wed	11:18	0.4	11:30	0.5	5:47	0.0	5:56	0.0	5:08	7:02	
12	Thu			12:05	0.5	6:31	0.0	6:45	0.0	5:09	7:00	
13	Fri	12:17	0.5	12:55	0.5	7:14	0.0	7:34	0.0	5:10	6:59	
14	Sat	1:09	0.5	1:49	0.5	7:59	0.0	8:25	0.0	5:11	6:58	
15	Sun	2:04	0.4	2:46	0.5	8:46	0.0	9:21	0.0	5:12	6:56	
16	Mon	3:03	0.4	3:43	0.5	9:39	0.0	10:26	0.0	5:13	6:55	
17	Tue	4:03	0.4	4:41	0.4	10:42	0.0	11:35	0.1	5:14	6:54	
18	Wed	5:02	0.4	5:39	0.4	11:49	0.0			5:15	6:52	
19	Thu	6:04	0.4	6:40	0.4	12:42	0.0	12:54	0.0	5:16	6:51	
20	Fri	7:09	0.4	7:42	0.4	1:43	0.0	1:53	0.0	5:17	6:50	
21	Sat	8:12	0.4	8:39	0.4	2:37	0.0	2:48	0.0	5:18	6:48	
22	Sun	9:07	0.4	9:28	0.5	3:27	0.0	3:38	0.0	5:19	6:47	
23	Mon	9:54	0.4	10:12	0.5	4:13	0.0	4:26	0.0	5:19	6:45	
24	Tue	10:37	0.4	10:53	0.5	4:57	0.0	5:12	0.0	5:20	6:44	
25	Wed	11:17	0.4	11:33	0.4	5:38	0.0	5:55	0.0	5:21	6:42	
26	Thu	11:56	0.4			6:16	0.0	6:36	0.0	5:22	6:41	
27	Fri	12:12	0.4	12:35	0.4	6:52	0.0	7:14	0.0	5:23	6:39	
28	Sat	12:52	0.4	1:14	0.4	7:26	0.0	7:52	0.1	5:24	6:38	
29	Sun	1:33	0.4	1:54	0.4	7:59	0.0	8:30	0.1	5:25	6:36	
30	Mon	2:17	0.4	2:36	0.4	8:32	0.1	9:12	0.1	5:26	6:35	
31	Tue	3:03	0.3	3:20	0.4	9:09	0.1	10:05	0.1	5:27	6:33	