US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:14	0.4	7:47	0.5	1:55	0.0	1:56	0.0	4:35	7:32	
2	Sat	8:19	0.4	8:46	0.5	2:53	0.0	2:52	0.0	4:36	7:32	
3	Sun	9:19	0.4	9:41	0.5	3:50	0.0	3:47	0.0	4:36	7:32	
4	Mon	10:15	0.4	10:35	0.5	4:46	0.0	4:44	0.0	4:37	7:32	
5	Tue	11:10	0.4	11:27	0.5	5:41	0.0	5:41	0.0	4:37	7:31	
6	Wed			12:06	0.4	6:33	-0.1	6:35	0.0	4:38	7:31	
7	Thu	12:21	0.5	1:02	0.4	7:23	-0.1	7:27	0.0	4:39	7:31	
8	Fri	1:16	0.5	1:59	0.4	8:11	0.0	8:19	0.0	4:39	7:30	
9	Sat	2:11	0.4	2:55	0.4	9:00	0.0	9:12	0.0	4:40	7:30	
10	Sun	3:06	0.4	3:48	0.4	9:51	0.0	10:10	0.1	4:41	7:30	
11	Mon	3:58	0.4	4:38	0.4	10:44	0.0	11:13	0.1	4:41	7:29	
12	Tue	4:48	0.4	5:27	0.4	11:37	0.0			4:42	7:29	
13	Wed	5:37	0.4	6:16	0.4	12:14	0.1	12:28	0.1	4:43	7:28	
14	Thu	6:30	0.3	7:07	0.4	1:10	0.1	1:17	0.1	4:44	7:28	
15	Fri	7:27	0.3	7:58	0.4	2:01	0.1	2:03	0.1	4:44	7:27	
16	Sat	8:21	0.3	8:46	0.4	2:48	0.1	2:47	0.1	4:45	7:26	
17	Sun	9:10	0.3	9:29	0.4	3:34	0.0	3:31	0.1	4:46	7:26	
18	Mon	9:55	0.3	10:09	0.4	4:18	0.0	4:15	0.1	4:47	7:25	
19	Tue	10:36	0.4	10:47	0.4	5:02	0.0	4:59	0.1	4:48	7:24	
20	Wed	11:16	0.4	11:24	0.4	5:44	0.0	5:42	0.1	4:48	7:24	
21	Thu	11:54	0.4			6:24	0.0	6:23	0.1	4:49	7:23	
22	Fri	12:00	0.4	12:33	0.4	7:02	0.0	7:02	0.1	4:50	7:22	
23	Sat	12:37	0.4	1:12	0.4	7:37	0.0	7:40	0.1	4:51	7:21	
24	Sun	1:17	0.4	1:55	0.4	8:12	0.0	8:20	0.1	4:52	7:21	
25	Mon	2:02	0.4	2:42	0.4	8:49	0.0	9:07	0.1	4:53	7:20	
26	Tue	2:53	0.4	3:32	0.4	9:32	0.0	10:07	0.1	4:54	7:19	
27	Wed	3:48	0.4	4:24	0.4	10:25	0.0	11:20	0.1	4:55	7:18	
28	Thu	4:45	0.4	5:19	0.4	11:27	0.0			4:55	7:17	
29	Fri	5:46	0.4	6:20	0.4	12:32	0.1	12:32	0.0	4:56	7:16	
30	Sat	6:54	0.4	7:26	0.5	1:37	0.0	1:35	0.0	4:57	7:15	
31	Sun	8:03	0.4	8:30	0.5	2:37	0.0	2:35	0.0	4:58	7:14	