

Lanoka Harbor, NJ - Jul 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:03	0.4	4:02	0.4	10:04	0.0	10:11	0.1	5:31	8:28	
2	Tue	3:56	0.4	4:51	0.4	10:48	0.0	11:13	0.1	5:32	8:28	
3	Wed	4:50	0.4	5:41	0.4	11:41	0.0			5:32	8:28	
4	Thu	5:46	0.4	6:34	0.4	12:25	0.1	12:40	0.0	5:33	8:28	
5	Fri	6:46	0.4	7:33	0.4	1:35	0.1	1:41	0.0	5:34	8:28	
6	Sat	7:54	0.4	8:36	0.5	2:40	0.0	2:41	0.0	5:34	8:27	
7	Sun	9:03	0.4	9:38	0.5	3:40	0.0	3:39	0.0	5:35	8:27	
8	Mon	10:07	0.4	10:35	0.5	4:38	0.0	4:37	0.0	5:35	8:27	
9	Tue	11:05	0.4	11:28	0.5	5:34	0.0	5:35	0.0	5:36	8:27	
10	Wed			12:00	0.4	6:29	0.0	6:32	0.0	5:37	8:26	
11	Thu	12:20	0.5	12:53	0.4	7:20	0.0	7:26	0.0	5:37	8:26	
12	Fri	1:12	0.5	1:47	0.4	8:08	0.0	8:16	0.0	5:38	8:25	
13	Sat	2:03	0.5	2:41	0.4	8:53	0.0	9:04	0.0	5:39	8:25	
14	Sun	2:54	0.4	3:34	0.4	9:37	0.0	9:54	0.1	5:40	8:24	
15	Mon	3:45	0.4	4:24	0.4	10:20	0.0	10:47	0.1	5:40	8:24	
16	Tue	4:35	0.4	5:11	0.4	11:06	0.0	11:45	0.1	5:41	8:23	
17	Wed	5:22	0.4	5:55	0.4	11:54	0.1			5:42	8:22	
18	Thu	6:09	0.3	6:40	0.4	12:46	0.1	12:44	0.1	5:43	8:22	
19	Fri	7:00	0.3	7:29	0.4	1:45	0.1	1:34	0.1	5:44	8:21	
20	Sat	7:56	0.3	8:21	0.4	2:39	0.1	2:24	0.1	5:44	8:20	
21	Sun	8:54	0.3	9:14	0.4	3:28	0.1	3:12	0.1	5:45	8:20	
22	Mon	9:48	0.3	10:01	0.4	4:15	0.1	3:59	0.1	5:46	8:19	
23	Tue	10:35	0.3	10:44	0.4	5:01	0.1	4:45	0.1	5:47	8:18	
24	Wed	11:19	0.3	11:23	0.4	5:46	0.0	5:31	0.1	5:48	8:17	
25	Thu	11:59	0.4			6:29	0.0	6:17	0.1	5:49	8:16	
26	Fri	12:00	0.4	12:39	0.4	7:10	0.0	7:01	0.0	5:50	8:16	
27	Sat	12:37	0.4	1:18	0.4	7:48	0.0	7:43	0.0	5:50	8:15	
28	Sun	1:15	0.4	1:59	0.4	8:23	0.0	8:25	0.0	5:51	8:14	
29	Mon	1:57	0.4	2:44	0.4	8:59	0.0	9:08	0.0	5:52	8:13	
30	Tue	2:43	0.4	3:32	0.4	9:35	0.0	9:57	0.1	5:53	8:12	
31	Wed	3:35	0.4	4:23	0.4	10:17	0.0	10:55	0.1	5:54	8:11	