

Lanoka Harbor, NJ - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:17	0.4	9:45	0.3	3:15	0.0	4:12	0.0	7:18	4:42	
2	Thu	9:57	0.4	10:27	0.3	3:58	0.0	4:55	0.0	7:18	4:43	
3	Fri	10:35	0.4	11:07	0.3	4:42	0.0	5:38	0.0	7:18	4:44	
4	Sat	11:11	0.4	11:46	0.3	5:25	0.0	6:17	0.0	7:18	4:45	
5	Sun	11:46	0.4			6:06	0.0	6:54	0.0	7:18	4:46	
6	Mon	12:24	0.3	12:20	0.4	6:44	0.0	7:29	0.0	7:18	4:46	
7	Tue	1:03	0.3	12:55	0.4	7:21	0.0	8:02	0.0	7:18	4:47	
8	Wed	1:43	0.3	1:35	0.4	7:58	0.0	8:35	0.0	7:18	4:48	
9	Thu	2:27	0.3	2:21	0.3	8:40	0.0	9:11	0.0	7:17	4:49	
10	Fri	3:14	0.3	3:13	0.3	9:32	0.0	9:56	0.0	7:17	4:50	
11	Sat	4:04	0.3	4:10	0.3	10:40	0.0	10:54	0.0	7:17	4:51	
12	Sun	4:57	0.4	5:10	0.3	11:57	0.0			7:17	4:52	
13	Mon	5:56	0.4	6:17	0.3	12:02	0.0	1:08	0.0	7:16	4:53	
14	Tue	7:02	0.4	7:31	0.3	1:09	0.0	2:12	0.0	7:16	4:55	
15	Wed	8:09	0.4	8:39	0.3	2:12	0.0	3:11	0.0	7:16	4:56	
16	Thu	9:10	0.4	9:39	0.3	3:11	0.0	4:07	-0.1	7:15	4:57	
17	Fri	10:05	0.5	10:33	0.4	4:09	-0.1	5:02	-0.1	7:15	4:58	
18	Sat	10:56	0.5	11:26	0.4	5:07	-0.1	5:54	-0.1	7:14	4:59	
19	Sun	11:47	0.5			6:01	-0.1	6:42	-0.1	7:14	5:00	
20	Mon	12:18	0.4	12:37	0.4	6:52	-0.1	7:27	-0.1	7:13	5:01	
21	Tue	1:10	0.4	1:27	0.4	7:40	0.0	8:10	-0.1	7:13	5:02	
22	Wed	2:01	0.4	2:18	0.4	8:28	0.0	8:53	-0.1	7:12	5:04	
23	Thu	2:52	0.4	3:08	0.4	9:18	0.0	9:37	0.0	7:11	5:05	
24	Fri	3:42	0.4	3:58	0.3	10:14	0.0	10:25	0.0	7:11	5:06	
25	Sat	4:29	0.3	4:47	0.3	11:16	0.0	11:18	0.0	7:10	5:07	
26	Sun	5:16	0.3	5:38	0.3			12:20	0.1	7:09	5:08	
27	Mon	6:06	0.3	6:35	0.3	12:13	0.0	1:19	0.1	7:09	5:09	
28	Tue	7:02	0.3	7:36	0.3	1:08	0.0	2:12	0.0	7:08	5:11	
29	Wed	8:00	0.3	8:34	0.3	2:00	0.0	3:01	0.0	7:07	5:12	
30	Thu	8:52	0.3	9:23	0.3	2:49	0.0	3:46	0.0	7:06	5:13	
31	Fri	9:36	0.4	10:06	0.3	3:35	0.0	4:30	0.0	7:05	5:14	