

Lanoka Harbor, NJ - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:34	0.5	1:09	0.4	7:37	0.0	7:42	0.0	5:31	8:29	
2	Wed	1:29	0.5	2:07	0.4	8:27	0.0	8:35	0.0	5:32	8:28	
3	Thu	2:24	0.5	3:05	0.4	9:15	0.0	9:29	0.0	5:32	8:28	
4	Fri	3:21	0.5	4:02	0.4	10:04	0.0	10:26	0.0	5:33	8:28	
5	Sat	4:16	0.4	4:56	0.4	10:55	0.0	11:28	0.1	5:33	8:28	
6	Sun	5:09	0.4	5:46	0.4	11:48	0.0			5:34	8:28	
7	Mon	6:00	0.4	6:35	0.4	12:33	0.1	12:42	0.0	5:35	8:27	
8	Tue	6:52	0.3	7:26	0.4	1:35	0.1	1:34	0.1	5:35	8:27	
9	Wed	7:47	0.3	8:18	0.4	2:32	0.1	2:23	0.1	5:36	8:27	
10	Thu	8:45	0.3	9:10	0.4	3:23	0.1	3:10	0.1	5:37	8:26	
11	Fri	9:40	0.3	9:58	0.4	4:11	0.1	3:55	0.1	5:37	8:26	
12	Sat	10:29	0.3	10:41	0.4	4:56	0.1	4:40	0.1	5:38	8:25	
13	Sun	11:13	0.3	11:21	0.4	5:41	0.0	5:25	0.1	5:39	8:25	
14	Mon	11:55	0.3	11:59	0.4	6:24	0.0	6:10	0.1	5:39	8:24	
15	Tue			12:36	0.4	7:04	0.0	6:53	0.1	5:40	8:24	
16	Wed	12:35	0.4	1:16	0.4	7:42	0.0	7:34	0.1	5:41	8:23	
17	Thu	1:10	0.4	1:55	0.4	8:17	0.0	8:12	0.1	5:42	8:23	
18	Fri	1:44	0.4	2:34	0.4	8:49	0.0	8:48	0.1	5:43	8:22	
19	Sat	2:21	0.4	3:14	0.4	9:20	0.0	9:27	0.1	5:43	8:21	
20	Sun	3:02	0.4	3:56	0.4	9:52	0.0	10:12	0.1	5:44	8:21	
21	Mon	3:49	0.4	4:41	0.4	10:29	0.0	11:09	0.1	5:45	8:20	
22	Tue	4:41	0.4	5:28	0.4	11:16	0.1			5:46	8:19	
23	Wed	5:37	0.3	6:21	0.4	12:21	0.1	12:18	0.1	5:47	8:18	
24	Thu	6:38	0.3	7:22	0.4	1:33	0.1	1:27	0.1	5:48	8:18	
25	Fri	7:49	0.3	8:30	0.5	2:40	0.1	2:33	0.0	5:48	8:17	
26	Sat	9:02	0.3	9:35	0.5	3:40	0.0	3:36	0.0	5:49	8:16	
27	Sun	10:07	0.4	10:33	0.5	4:37	0.0	4:36	0.0	5:50	8:15	
28	Mon	11:04	0.4	11:27	0.5	5:33	0.0	5:36	0.0	5:51	8:14	
29	Tue	11:59	0.4			6:26	0.0	6:33	0.0	5:52	8:13	
30	Wed	12:19	0.5	12:52	0.4	7:17	-0.1	7:28	0.0	5:53	8:12	
31	Thu	1:11	0.5	1:45	0.4	8:04	-0.1	8:19	0.0	5:54	8:11	