

Lanoka Harbor, NJ - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:51	0.3	3:52	0.4	9:38	0.1	10:56	0.1	6:25	4:54	
2	Sun	4:43	0.3	4:43	0.3	10:48	0.1	11:56	0.1	6:26	4:53	
3	Mon	5:34	0.3	5:35	0.3	11:59	0.1			6:27	4:52	
4	Tue	6:26	0.3	6:28	0.3	12:49	0.1	1:00	0.1	6:28	4:51	
5	Wed	7:17	0.4	7:23	0.4	1:35	0.1	1:52	0.1	6:30	4:50	
6	Thu	8:05	0.4	8:14	0.4	2:17	0.0	2:40	0.1	6:31	4:49	
7	Fri	8:47	0.4	9:00	0.4	2:57	0.0	3:27	0.0	6:32	4:48	
8	Sat	9:27	0.4	9:43	0.4	3:37	0.0	4:14	0.0	6:33	4:47	
9	Sun	10:06	0.5	10:26	0.4	4:18	0.0	5:01	0.0	6:34	4:46	
10	Mon	10:47	0.5	11:10	0.4	5:02	0.0	5:50	0.0	6:35	4:45	
11	Tue	11:31	0.5	11:59	0.4	5:47	0.0	6:39	0.0	6:37	4:44	
12	Wed			12:20	0.5	6:35	0.0	7:27	0.0	6:38	4:43	
13	Thu	12:53	0.4	1:16	0.5	7:24	0.0	8:18	0.0	6:39	4:42	
14	Fri	1:55	0.4	2:18	0.4	8:16	0.0	9:14	0.0	6:40	4:41	
15	Sat	3:01	0.4	3:23	0.4	9:18	0.0	10:18	0.0	6:41	4:40	
16	Sun	4:05	0.4	4:25	0.4	10:31	0.1	11:23	0.0	6:42	4:40	
17	Mon	5:05	0.4	5:24	0.4	11:47	0.1			6:43	4:39	
18	Tue	6:05	0.4	6:24	0.4	12:25	0.0	12:55	0.1	6:45	4:38	
19	Wed	7:04	0.4	7:23	0.4	1:19	0.0	1:55	0.0	6:46	4:38	
20	Thu	8:00	0.4	8:19	0.4	2:08	0.0	2:47	0.0	6:47	4:37	
21	Fri	8:49	0.4	9:09	0.4	2:54	0.0	3:36	0.0	6:48	4:36	
22	Sat	9:33	0.4	9:55	0.4	3:37	0.0	4:23	0.0	6:49	4:36	
23	Sun	10:13	0.4	10:38	0.4	4:19	0.0	5:09	0.0	6:50	4:35	
24	Mon	10:52	0.4	11:20	0.4	5:01	0.0	5:53	0.0	6:51	4:35	
25	Tue	11:30	0.4			5:43	0.0	6:34	0.0	6:52	4:34	
26	Wed	12:03	0.3	12:08	0.4	6:23	0.0	7:14	0.0	6:53	4:34	
27	Thu	12:47	0.3	12:48	0.4	7:01	0.0	7:52	0.0	6:54	4:33	
28	Fri	1:34	0.3	1:31	0.4	7:39	0.1	8:32	0.0	6:55	4:33	
29	Sat	2:25	0.3	2:17	0.4	8:18	0.1	9:14	0.1	6:56	4:33	
30	Sun	3:16	0.3	3:06	0.3	9:02	0.1	10:02	0.1	6:57	4:32	