

Lanoka Harbor, NJ - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:06	0.4	8:45	0.4	2:35	0.0	2:59	0.0	5:56	7:50	
2	Sat	9:07	0.4	9:40	0.4	3:33	0.0	3:48	0.0	5:55	7:51	
3	Sun	10:02	0.4	10:29	0.5	4:26	0.0	4:36	0.0	5:54	7:52	
4	Mon	10:52	0.4	11:14	0.5	5:18	0.0	5:22	0.0	5:53	7:53	
5	Tue	11:39	0.4	11:56	0.5	6:08	0.0	6:08	0.0	5:52	7:54	
6	Wed			12:25	0.4	6:56	0.0	6:52	0.0	5:50	7:55	
7	Thu	12:38	0.5	1:11	0.4	7:41	0.0	7:35	0.0	5:49	7:56	
8	Fri	1:21	0.4	1:59	0.4	8:23	0.0	8:16	0.0	5:48	7:57	
9	Sat	2:05	0.4	2:50	0.3	9:05	0.0	8:56	0.1	5:47	7:58	
10	Sun	2:53	0.4	3:43	0.3	9:48	0.0	9:38	0.1	5:46	7:59	
11	Mon	3:43	0.4	4:35	0.3	10:36	0.1	10:28	0.1	5:45	8:00	
12	Tue	4:35	0.4	5:25	0.3	11:30	0.1	11:30	0.1	5:44	8:01	
13	Wed	5:24	0.3	6:14	0.3			12:27	0.1	5:43	8:02	
14	Thu	6:13	0.3	7:03	0.3	12:38	0.1	1:20	0.1	5:42	8:03	
15	Fri	7:04	0.3	7:53	0.4	1:40	0.1	2:08	0.1	5:41	8:04	
16	Sat	7:59	0.3	8:43	0.4	2:35	0.1	2:52	0.1	5:40	8:05	
17	Sun	8:54	0.3	9:28	0.4	3:25	0.1	3:34	0.0	5:39	8:06	
18	Mon	9:44	0.3	10:09	0.4	4:12	0.0	4:15	0.0	5:38	8:06	
19	Tue	10:29	0.4	10:49	0.5	4:58	0.0	4:56	0.0	5:38	8:07	
20	Wed	11:12	0.4	11:28	0.5	5:45	0.0	5:40	0.0	5:37	8:08	
21	Thu	11:56	0.4			6:33	0.0	6:27	0.0	5:36	8:09	
22	Fri	12:10	0.5	12:42	0.4	7:21	0.0	7:14	0.0	5:35	8:10	
23	Sat	12:56	0.5	1:32	0.4	8:07	0.0	8:02	0.0	5:35	8:11	
24	Sun	1:48	0.5	2:29	0.4	8:55	0.0	8:51	0.0	5:34	8:12	
25	Mon	2:45	0.5	3:30	0.4	9:44	0.0	9:46	0.0	5:33	8:13	
26	Tue	3:46	0.4	4:31	0.4	10:39	0.0	10:51	0.1	5:33	8:13	
27	Wed	4:46	0.4	5:29	0.4	11:39	0.0			5:32	8:14	
28	Thu	5:44	0.4	6:25	0.4	12:04	0.1	12:39	0.0	5:32	8:15	
29	Fri	6:41	0.4	7:22	0.4	1:14	0.1	1:37	0.0	5:31	8:16	
30	Sat	7:41	0.4	8:20	0.4	2:18	0.0	2:30	0.0	5:31	8:17	
31	Sun	8:42	0.4	9:15	0.4	3:16	0.0	3:20	0.0	5:30	8:17	