

Lanoka Harbor, NJ - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:11	0.3	10:30	0.4	4:41	0.0	4:29	0.0	5:31	8:29	
2	Thu	11:00	0.4	11:13	0.4	5:29	0.0	5:17	0.0	5:32	8:28	
3	Fri	11:45	0.4	11:55	0.4	6:16	0.0	6:03	0.1	5:32	8:28	
4	Sat			12:29	0.4	6:59	0.0	6:48	0.1	5:33	8:28	
5	Sun	12:35	0.4	1:12	0.4	7:39	0.0	7:30	0.1	5:33	8:28	
6	Mon	1:14	0.4	1:56	0.4	8:16	0.0	8:10	0.1	5:34	8:28	
7	Tue	1:53	0.4	2:40	0.4	8:51	0.0	8:48	0.1	5:35	8:27	
8	Wed	2:32	0.4	3:24	0.4	9:24	0.0	9:27	0.1	5:35	8:27	
9	Thu	3:12	0.4	4:07	0.4	9:58	0.1	10:09	0.1	5:36	8:27	
10	Fri	3:54	0.4	4:47	0.4	10:33	0.1	11:00	0.1	5:36	8:26	
11	Sat	4:37	0.3	5:27	0.4	11:14	0.1			5:37	8:26	
12	Sun	5:24	0.3	6:10	0.4	12:03	0.1	12:04	0.1	5:38	8:25	
13	Mon	6:15	0.3	6:59	0.4	1:10	0.1	1:02	0.1	5:39	8:25	
14	Tue	7:15	0.3	7:56	0.4	2:13	0.1	2:02	0.1	5:39	8:24	
15	Wed	8:24	0.3	8:58	0.4	3:11	0.1	3:00	0.1	5:40	8:24	
16	Thu	9:29	0.3	9:56	0.5	4:05	0.0	3:57	0.0	5:41	8:23	
17	Fri	10:27	0.4	10:49	0.5	4:59	0.0	4:53	0.0	5:42	8:23	
18	Sat	11:20	0.4	11:40	0.5	5:52	0.0	5:50	0.0	5:42	8:22	
19	Sun			12:12	0.4	6:44	0.0	6:47	0.0	5:43	8:21	
20	Mon	12:31	0.5	1:05	0.4	7:33	-0.1	7:41	0.0	5:44	8:21	
21	Tue	1:24	0.5	2:00	0.4	8:19	-0.1	8:33	0.0	5:45	8:20	
22	Wed	2:17	0.5	2:55	0.4	9:05	-0.1	9:26	0.0	5:46	8:19	
23	Thu	3:12	0.5	3:51	0.4	9:52	0.0	10:22	0.0	5:47	8:19	
24	Fri	4:08	0.4	4:46	0.4	10:42	0.0	11:25	0.0	5:47	8:18	
25	Sat	5:03	0.4	5:38	0.4	11:36	0.0			5:48	8:17	
26	Sun	5:57	0.4	6:30	0.4	12:32	0.1	12:34	0.0	5:49	8:16	
27	Mon	6:53	0.3	7:26	0.4	1:38	0.1	1:33	0.1	5:50	8:15	
28	Tue	7:54	0.3	8:24	0.4	2:38	0.1	2:29	0.1	5:51	8:14	
29	Wed	8:56	0.3	9:21	0.4	3:32	0.1	3:21	0.1	5:52	8:13	
30	Thu	9:52	0.3	10:11	0.4	4:21	0.1	4:09	0.1	5:53	8:12	
31	Fri	10:41	0.4	10:54	0.4	5:07	0.0	4:56	0.1	5:54	8:11	