

Lanoka Harbor, NJ - Jul 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:30	0.3	9:56	0.4	3:59	0.0	3:59	0.0	5:31	8:29	
2	Tue	10:21	0.4	10:41	0.4	4:46	0.0	4:45	0.0	5:32	8:28	
3	Wed	11:07	0.4	11:22	0.4	5:32	0.0	5:30	0.0	5:32	8:28	
4	Thu	11:49	0.4			6:15	0.0	6:15	0.1	5:33	8:28	
5	Fri	12:02	0.4	12:31	0.4	6:57	0.0	6:58	0.1	5:33	8:28	
6	Sat	12:41	0.4	1:12	0.4	7:36	0.0	7:38	0.1	5:34	8:28	
7	Sun	1:19	0.4	1:52	0.4	8:12	0.0	8:16	0.1	5:35	8:27	
8	Mon	1:57	0.4	2:33	0.4	8:46	0.0	8:53	0.1	5:35	8:27	
9	Tue	2:35	0.4	3:14	0.4	9:18	0.0	9:30	0.1	5:36	8:27	
10	Wed	3:15	0.4	3:54	0.4	9:52	0.0	10:12	0.1	5:36	8:26	
11	Thu	3:58	0.4	4:36	0.4	10:28	0.1	11:06	0.1	5:37	8:26	
12	Fri	4:45	0.3	5:19	0.4	11:13	0.1			5:38	8:25	
13	Sat	5:35	0.3	6:06	0.4	12:13	0.1	12:09	0.1	5:39	8:25	
14	Sun	6:31	0.3	7:01	0.4	1:22	0.1	1:13	0.1	5:39	8:24	
15	Mon	7:35	0.3	8:04	0.4	2:26	0.1	2:15	0.0	5:40	8:24	
16	Tue	8:44	0.3	9:08	0.5	3:24	0.0	3:15	0.0	5:41	8:23	
17	Wed	9:47	0.4	10:07	0.5	4:19	0.0	4:13	0.0	5:42	8:23	
18	Thu	10:43	0.4	11:01	0.5	5:13	0.0	5:10	0.0	5:42	8:22	
19	Fri	11:37	0.4	11:53	0.5	6:06	0.0	6:07	0.0	5:43	8:21	
20	Sat			12:30	0.4	6:57	-0.1	7:03	0.0	5:44	8:21	
21	Sun	12:45	0.5	1:23	0.5	7:46	-0.1	7:56	0.0	5:45	8:20	
22	Mon	1:37	0.5	2:18	0.5	8:33	-0.1	8:48	0.0	5:46	8:19	
23	Tue	2:32	0.5	3:14	0.5	9:20	0.0	9:41	0.0	5:47	8:18	
24	Wed	3:27	0.4	4:09	0.5	10:08	0.0	10:38	0.0	5:47	8:18	
25	Thu	4:23	0.4	5:02	0.4	11:00	0.0	11:40	0.1	5:48	8:17	
26	Fri	5:17	0.4	5:54	0.4	11:57	0.0			5:49	8:16	
27	Sat	6:11	0.4	6:47	0.4	12:45	0.1	12:56	0.1	5:50	8:15	
28	Sun	7:07	0.3	7:42	0.4	1:48	0.1	1:53	0.1	5:51	8:14	
29	Mon	8:06	0.3	8:38	0.4	2:44	0.1	2:46	0.1	5:52	8:13	
30	Tue	9:06	0.3	9:31	0.4	3:35	0.1	3:35	0.1	5:53	8:12	
31	Wed	9:58	0.3	10:18	0.4	4:21	0.0	4:22	0.1	5:54	8:11	