

Lanoka Harbor, NJ - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:13	0.4	2:35	0.4	8:53	-0.1	9:12	-0.1	7:30	6:47	
2	Sun	3:07	0.4	3:30	0.4	9:44	-0.1	10:00	0.0	7:28	6:48	
3	Mon	4:02	0.4	4:26	0.3	10:39	0.0	10:54	0.0	7:27	6:50	
4	Tue	4:57	0.4	5:22	0.3	11:41	0.0	11:56	0.0	7:25	6:51	
5	Wed	5:51	0.4	6:19	0.3			12:48	0.0	7:24	6:52	
6	Thu	6:47	0.3	7:18	0.3	1:03	0.0	1:51	0.0	7:22	6:53	
7	Fri	7:47	0.3	8:19	0.3	2:05	0.0	2:47	0.0	7:21	6:54	
8	Sat	8:46	0.3	9:16	0.3	3:00	0.0	3:35	0.0	7:19	6:55	
9	Sun	9:39	0.4	10:04	0.3	3:49	0.0	4:19	0.0	7:18	6:56	
10	Mon	10:24	0.4	10:46	0.4	4:34	0.0	5:00	0.0	7:16	6:57	
11	Tue	11:04	0.4	11:24	0.4	5:17	0.0	5:39	0.0	7:14	6:58	
12	Wed	11:41	0.4	11:59	0.4	6:00	0.0	6:17	0.0	7:13	6:59	
13	Thu			12:17	0.4	6:40	0.0	6:53	0.0	7:11	7:00	
14	Fri	12:32	0.4	12:51	0.4	7:19	0.0	7:28	0.0	7:10	7:01	
15	Sat	1:03	0.4	1:25	0.4	7:55	0.0	8:00	0.0	7:08	7:02	
16	Sun	1:33	0.4	2:00	0.3	8:30	0.0	8:30	0.0	7:06	7:03	
17	Mon	2:05	0.4	2:38	0.3	9:05	0.0	9:02	0.0	7:05	7:04	
18	Tue	2:44	0.4	3:25	0.3	9:44	0.0	9:38	0.0	7:03	7:05	
19	Wed	3:33	0.4	4:20	0.3	10:33	0.0	10:27	0.0	7:02	7:06	
20	Thu	4:31	0.4	5:19	0.3	11:42	0.0	11:38	0.0	7:00	7:07	
21	Fri	5:34	0.4	6:22	0.3			12:58	0.0	6:58	7:08	
22	Sat	6:40	0.4	7:29	0.3	1:01	0.0	2:05	0.0	6:57	7:10	
23	Sun	7:51	0.4	8:37	0.4	2:14	0.0	3:04	0.0	6:55	7:11	
24	Mon	8:59	0.4	9:37	0.4	3:17	0.0	3:57	0.0	6:54	7:12	
25	Tue	9:59	0.4	10:31	0.4	4:15	0.0	4:48	-0.1	6:52	7:13	
26	Wed	10:52	0.4	11:21	0.5	5:11	-0.1	5:38	-0.1	6:50	7:14	
27	Thu	11:42	0.4			6:05	-0.1	6:28	-0.1	6:49	7:15	
28	Fri	12:10	0.5	12:32	0.4	6:57	-0.1	7:16	-0.1	6:47	7:16	
29	Sat	12:58	0.5	1:22	0.4	7:47	-0.1	8:02	-0.1	6:45	7:17	
30	Sun	1:48	0.5	2:14	0.4	8:35	-0.1	8:47	0.0	6:44	7:18	
31	Mon	2:39	0.4	3:08	0.4	9:23	0.0	9:33	0.0	6:42	7:19	