

Lanoka Harbor, NJ - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:15	0.4	5:49	0.4	11:52	0.0			6:24	7:28	
2	Thu	6:15	0.4	6:49	0.4	12:48	0.1	1:02	0.1	6:25	7:26	
3	Fri	7:18	0.4	7:51	0.4	1:54	0.0	2:07	0.1	6:26	7:24	
4	Sat	8:23	0.4	8:52	0.4	2:52	0.0	3:05	0.0	6:27	7:23	
5	Sun	9:23	0.4	9:46	0.4	3:44	0.0	3:58	0.0	6:28	7:21	
6	Mon	10:14	0.4	10:34	0.4	4:31	0.0	4:47	0.0	6:29	7:20	
7	Tue	10:59	0.4	11:16	0.4	5:15	0.0	5:33	0.0	6:30	7:18	
8	Wed	11:39	0.4	11:56	0.4	5:57	0.0	6:18	0.0	6:31	7:16	
9	Thu			12:18	0.4	6:37	0.0	7:00	0.0	6:32	7:15	
10	Fri	12:35	0.4	12:56	0.4	7:15	0.0	7:40	0.0	6:33	7:13	
11	Sat	1:14	0.4	1:33	0.4	7:50	0.0	8:18	0.0	6:34	7:12	
12	Sun	1:54	0.4	2:11	0.4	8:23	0.0	8:55	0.1	6:35	7:10	
13	Mon	2:35	0.4	2:50	0.4	8:56	0.1	9:33	0.1	6:36	7:08	
14	Tue	3:20	0.4	3:32	0.4	9:30	0.1	10:16	0.1	6:36	7:07	
15	Wed	4:09	0.3	4:18	0.4	10:08	0.1	11:11	0.1	6:37	7:05	
16	Thu	4:59	0.3	5:07	0.4	10:59	0.1			6:38	7:03	
17	Fri	5:50	0.3	5:59	0.4	12:18	0.1	12:08	0.1	6:39	7:02	
18	Sat	6:45	0.3	6:56	0.4	1:23	0.1	1:19	0.1	6:40	7:00	
19	Sun	7:44	0.3	7:57	0.4	2:20	0.1	2:21	0.1	6:41	6:58	
20	Mon	8:43	0.4	8:58	0.4	3:10	0.1	3:17	0.1	6:42	6:57	
21	Tue	9:36	0.4	9:51	0.5	3:58	0.0	4:09	0.0	6:43	6:55	
22	Wed	10:25	0.5	10:40	0.5	4:44	0.0	5:01	0.0	6:44	6:53	
23	Thu	11:11	0.5	11:28	0.5	5:31	0.0	5:53	0.0	6:45	6:52	
24	Fri	11:58	0.5			6:18	0.0	6:45	0.0	6:46	6:50	
25	Sat	12:16	0.5	12:46	0.5	7:06	0.0	7:37	0.0	6:47	6:48	
26	Sun	1:06	0.5	1:37	0.5	7:53	0.0	8:27	0.0	6:48	6:47	
27	Mon	2:01	0.4	2:32	0.5	8:41	0.0	9:19	0.0	6:49	6:45	
28	Tue	2:59	0.4	3:31	0.5	9:31	0.0	10:16	0.0	6:50	6:44	
29	Wed	4:01	0.4	4:32	0.5	10:28	0.0	11:20	0.0	6:51	6:42	
30	Thu	5:03	0.4	5:32	0.4	11:35	0.1			6:52	6:40	