

Lanoka Harbor, NJ - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:03	0.4	6:30	0.4	12:27	0.0	12:46	0.1	6:53	6:39	
2	Sat	7:04	0.4	7:29	0.4	1:32	0.1	1:52	0.1	6:54	6:37	
3	Sun	8:04	0.4	8:29	0.4	2:29	0.0	2:49	0.1	6:55	6:35	
4	Mon	9:01	0.4	9:22	0.4	3:19	0.0	3:40	0.1	6:56	6:34	
5	Tue	9:50	0.4	10:09	0.4	4:03	0.0	4:27	0.0	6:57	6:32	
6	Wed	10:33	0.4	10:51	0.4	4:44	0.0	5:11	0.0	6:58	6:31	
7	Thu	11:12	0.4	11:30	0.4	5:24	0.0	5:53	0.0	6:59	6:29	
8	Fri	11:48	0.4			6:02	0.0	6:35	0.0	7:00	6:27	
9	Sat	12:08	0.4	12:23	0.4	6:40	0.0	7:15	0.0	7:01	6:26	
10	Sun	12:46	0.4	12:57	0.4	7:16	0.0	7:53	0.0	7:02	6:24	
11	Mon	1:24	0.4	1:31	0.4	7:51	0.0	8:29	0.1	7:03	6:23	
12	Tue	2:03	0.4	2:05	0.4	8:24	0.1	9:06	0.1	7:04	6:21	
13	Wed	2:46	0.3	2:43	0.4	8:57	0.1	9:45	0.1	7:05	6:20	
14	Thu	3:34	0.3	3:28	0.4	9:34	0.1	10:32	0.1	7:06	6:18	
15	Fri	4:26	0.3	4:22	0.4	10:20	0.1	11:32	0.1	7:07	6:17	
16	Sat	5:19	0.3	5:19	0.4	11:26	0.1			7:08	6:15	
17	Sun	6:12	0.3	6:17	0.4	12:39	0.1	12:44	0.1	7:09	6:14	
18	Mon	7:09	0.4	7:19	0.4	1:40	0.1	1:52	0.1	7:10	6:12	
19	Tue	8:08	0.4	8:23	0.4	2:34	0.0	2:52	0.0	7:11	6:11	
20	Wed	9:05	0.4	9:23	0.4	3:24	0.0	3:47	0.0	7:12	6:10	
21	Thu	9:58	0.5	10:17	0.5	4:12	0.0	4:41	0.0	7:13	6:08	
22	Fri	10:47	0.5	11:07	0.5	5:01	0.0	5:34	0.0	7:14	6:07	
23	Sat	11:36	0.5	11:58	0.5	5:51	0.0	6:28	-0.1	7:15	6:05	
24	Sun			12:25	0.5	6:41	-0.1	7:21	-0.1	7:16	6:04	
25	Mon	12:50	0.5	1:17	0.5	7:32	0.0	8:12	0.0	7:18	6:03	
26	Tue	1:45	0.4	2:12	0.5	8:22	0.0	9:03	0.0	7:19	6:01	
27	Wed	2:44	0.4	3:11	0.5	9:14	0.0	9:57	0.0	7:20	6:00	
28	Thu	3:46	0.4	4:11	0.4	10:10	0.0	10:57	0.0	7:21	5:59	
29	Fri	4:47	0.4	5:09	0.4	11:14	0.1			7:22	5:58	
30	Sat	5:45	0.4	6:05	0.4	12:00	0.0	12:23	0.1	7:23	5:56	
31	Sun	5:41	0.4	6:01	0.4	1:02	0.0	12:29	0.1	6:24	4:55	