

Lanoka Harbor, NJ - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:54	0.4	7:13	0.3	1:07	0.0	1:48	0.1	6:59	4:32	
2	Thu	7:45	0.4	8:06	0.3	1:52	0.0	2:35	0.0	7:00	4:32	
3	Fri	8:32	0.4	8:54	0.3	2:35	0.0	3:19	0.0	7:01	4:32	
4	Sat	9:14	0.4	9:38	0.3	3:16	0.0	4:02	0.0	7:02	4:31	
5	Sun	9:53	0.4	10:19	0.4	3:57	0.0	4:45	0.0	7:03	4:31	
6	Mon	10:29	0.4	10:58	0.3	4:39	0.0	5:28	0.0	7:03	4:31	
7	Tue	11:04	0.4	11:37	0.3	5:20	0.0	6:09	0.0	7:04	4:31	
8	Wed	11:37	0.4			6:01	0.0	6:47	0.0	7:05	4:31	
9	Thu	12:15	0.3	12:11	0.4	6:39	0.0	7:24	0.0	7:06	4:31	
10	Fri	12:55	0.3	12:49	0.4	7:17	0.0	8:01	0.0	7:07	4:31	
11	Sat	1:39	0.3	1:32	0.4	7:56	0.0	8:39	0.0	7:08	4:31	
12	Sun	2:28	0.3	2:24	0.4	8:40	0.0	9:23	0.0	7:09	4:32	
13	Mon	3:21	0.3	3:21	0.4	9:35	0.0	10:17	0.0	7:09	4:32	
14	Tue	4:14	0.4	4:20	0.4	10:46	0.0	11:20	0.0	7:10	4:32	
15	Wed	5:09	0.4	5:20	0.4			12:00	0.0	7:11	4:32	
16	Thu	6:08	0.4	6:25	0.4	12:23	0.0	1:08	0.0	7:11	4:33	
17	Fri	7:11	0.4	7:33	0.4	1:23	0.0	2:09	0.0	7:12	4:33	
18	Sat	8:12	0.4	8:37	0.4	2:20	0.0	3:07	0.0	7:13	4:33	
19	Sun	9:09	0.5	9:34	0.4	3:15	-0.1	4:02	-0.1	7:13	4:34	
20	Mon	10:02	0.5	10:28	0.4	4:10	-0.1	4:56	-0.1	7:14	4:34	
21	Tue	10:52	0.5	11:20	0.4	5:04	-0.1	5:48	-0.1	7:14	4:35	
22	Wed	11:43	0.5			5:57	-0.1	6:38	-0.1	7:15	4:35	
23	Thu	12:12	0.4	12:33	0.5	6:48	-0.1	7:25	-0.1	7:15	4:36	
24	Fri	1:05	0.4	1:24	0.4	7:36	0.0	8:10	-0.1	7:16	4:36	
25	Sat	1:59	0.4	2:16	0.4	8:24	0.0	8:55	0.0	7:16	4:37	
26	Sun	2:52	0.4	3:08	0.4	9:14	0.0	9:43	0.0	7:16	4:38	
27	Mon	3:44	0.3	3:59	0.3	10:11	0.0	10:34	0.0	7:17	4:38	
28	Tue	4:32	0.3	4:48	0.3	11:12	0.1	11:27	0.0	7:17	4:39	
29	Wed	5:20	0.3	5:38	0.3			12:14	0.1	7:17	4:40	
30	Thu	6:10	0.3	6:31	0.3	12:20	0.0	1:11	0.1	7:17	4:40	
31	Fri	7:03	0.3	7:28	0.3	1:11	0.0	2:03	0.0	7:18	4:41	