

Lanoka Harbor, NJ - Jul 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:56	0.4			6:24	-0.1	6:33	0.0	5:31	8:28	
2	Sat	12:18	0.5	12:50	0.4	7:16	-0.1	7:26	0.0	5:32	8:28	
3	Sun	1:10	0.5	1:45	0.4	8:05	-0.1	8:18	0.0	5:32	8:28	
4	Mon	2:03	0.5	2:40	0.4	8:52	0.0	9:07	0.0	5:33	8:28	
5	Tue	2:56	0.5	3:34	0.4	9:38	0.0	9:59	0.0	5:34	8:28	
6	Wed	3:49	0.4	4:27	0.4	10:25	0.0	10:54	0.1	5:34	8:28	
7	Thu	4:41	0.4	5:16	0.4	11:15	0.0	11:54	0.1	5:35	8:27	
8	Fri	5:30	0.4	6:04	0.4			12:07	0.0	5:35	8:27	
9	Sat	6:19	0.4	6:52	0.4	12:55	0.1	1:00	0.1	5:36	8:27	
10	Sun	7:11	0.3	7:42	0.4	1:52	0.1	1:51	0.1	5:37	8:26	
11	Mon	8:06	0.3	8:34	0.4	2:45	0.1	2:39	0.1	5:37	8:26	
12	Tue	9:02	0.3	9:24	0.4	3:33	0.1	3:25	0.1	5:38	8:25	
13	Wed	9:53	0.3	10:10	0.4	4:19	0.1	4:10	0.1	5:39	8:25	
14	Thu	10:39	0.4	10:51	0.4	5:03	0.0	4:55	0.0	5:40	8:24	
15	Fri	11:22	0.4	11:29	0.4	5:47	0.0	5:40	0.0	5:40	8:24	
16	Sat			12:02	0.4	6:29	0.0	6:24	0.0	5:41	8:23	
17	Sun	12:05	0.4	12:41	0.4	7:10	0.0	7:07	0.0	5:42	8:23	
18	Mon	12:40	0.4	1:20	0.4	7:48	0.0	7:47	0.0	5:43	8:22	
19	Tue	1:16	0.4	2:00	0.4	8:24	0.0	8:27	0.0	5:43	8:21	
20	Wed	1:56	0.4	2:43	0.4	8:59	0.0	9:08	0.0	5:44	8:21	
21	Thu	2:41	0.4	3:31	0.4	9:36	0.0	9:55	0.1	5:45	8:20	
22	Fri	3:33	0.4	4:23	0.4	10:19	0.0	10:53	0.1	5:46	8:19	
23	Sat	4:29	0.4	5:16	0.4	11:12	0.0			5:47	8:18	
24	Sun	5:28	0.4	6:12	0.4	12:02	0.1	12:16	0.0	5:48	8:17	
25	Mon	6:29	0.4	7:12	0.4	1:14	0.1	1:23	0.0	5:49	8:17	
26	Tue	7:36	0.4	8:17	0.5	2:20	0.0	2:28	0.0	5:49	8:16	
27	Wed	8:46	0.4	9:21	0.5	3:20	0.0	3:28	0.0	5:50	8:15	
28	Thu	9:50	0.4	10:18	0.5	4:17	0.0	4:25	0.0	5:51	8:14	
29	Fri	10:47	0.4	11:11	0.5	5:11	0.0	5:21	0.0	5:52	8:13	
30	Sat	11:40	0.4			6:04	0.0	6:16	0.0	5:53	8:12	
31	Sun	12:01	0.5	12:30	0.4	6:54	-0.1	7:08	0.0	5:54	8:11	