

Lanoka Harbor, NJ - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:17	0.4	3:41	0.3	10:02	0.0	10:13	0.0	6:29	5:48	
2	Thu	4:17	0.4	4:43	0.3	11:15	0.0	11:29	0.0	6:28	5:49	
3	Fri	5:19	0.4	5:49	0.3			12:28	0.0	6:26	5:50	
4	Sat	6:26	0.4	6:59	0.3	12:43	0.0	1:33	0.0	6:25	5:51	
5	Sun	7:34	0.4	8:07	0.4	1:49	0.0	2:32	0.0	6:23	5:52	
6	Mon	8:37	0.4	9:06	0.4	2:49	0.0	3:26	-0.1	6:22	5:53	
7	Tue	9:32	0.4	9:58	0.4	3:45	-0.1	4:17	-0.1	6:20	5:54	
8	Wed	10:21	0.4	10:46	0.4	4:38	-0.1	5:06	-0.1	6:19	5:55	
9	Thu	11:08	0.4	11:32	0.4	5:29	-0.1	5:52	-0.1	6:17	5:56	
10	Fri	11:54	0.4			6:17	-0.1	6:36	-0.1	6:16	5:57	
11	Sat	12:17	0.4	12:40	0.4	7:02	-0.1	7:16	-0.1	6:14	5:58	
12	Sun	1:02	0.4	1:26	0.4	7:44	0.0	7:55	0.0	6:12	5:59	
13	Mon	1:47	0.4	2:14	0.4	8:27	0.0	8:34	0.0	6:11	6:01	
14	Tue	2:34	0.4	3:04	0.3	9:12	0.0	9:15	0.0	6:09	6:02	
15	Wed	3:21	0.4	3:54	0.3	10:03	0.0	10:03	0.1	6:08	6:03	
16	Thu	4:10	0.3	4:44	0.3	11:03	0.1	11:03	0.1	6:06	6:04	
17	Fri	4:59	0.3	5:37	0.3			12:06	0.1	6:04	6:05	
18	Sat	5:52	0.3	6:34	0.3	12:08	0.1	1:05	0.1	6:03	6:06	
19	Sun	6:51	0.3	7:32	0.3	1:08	0.1	1:56	0.0	6:01	6:07	
20	Mon	7:49	0.3	8:25	0.3	2:02	0.0	2:43	0.0	6:00	6:08	
21	Tue	8:40	0.4	9:11	0.4	2:51	0.0	3:26	0.0	5:58	6:09	
22	Wed	9:24	0.4	9:51	0.4	3:37	0.0	4:08	0.0	5:56	6:10	
23	Thu	10:04	0.4	10:29	0.4	4:22	0.0	4:50	0.0	5:55	6:11	
24	Fri	10:42	0.4	11:06	0.4	5:07	0.0	5:30	0.0	5:53	6:12	
25	Sat	11:20	0.4	11:44	0.4	5:52	0.0	6:10	0.0	5:51	6:13	
26	Sun			12:01	0.4	6:35	0.0	6:49	0.0	5:50	6:14	
27	Mon	12:25	0.4	12:46	0.4	7:18	0.0	7:29	0.0	5:48	6:15	
28	Tue	1:11	0.4	1:36	0.4	8:03	0.0	8:11	0.0	5:47	6:16	
29	Wed	2:04	0.4	2:34	0.4	8:53	0.0	9:01	0.0	5:45	6:17	
30	Thu	3:02	0.4	3:35	0.4	9:52	0.0	10:03	0.0	5:43	6:18	
31	Fri	4:04	0.4	4:37	0.3	11:01	0.0	11:18	0.0	5:42	6:19	