

Lanoka Harbor, NJ - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:52	0.4	7:31	0.4	1:19	0.0	1:52	0.0	5:56	7:50	
2	Tue	7:54	0.4	8:31	0.4	2:23	0.0	2:47	0.0	5:55	7:51	
3	Wed	8:55	0.4	9:27	0.4	3:20	0.0	3:38	0.0	5:54	7:52	
4	Thu	9:50	0.4	10:16	0.4	4:12	0.0	4:24	0.0	5:53	7:53	
5	Fri	10:38	0.4	11:00	0.5	5:01	0.0	5:09	0.0	5:52	7:54	
6	Sat	11:23	0.4	11:40	0.5	5:48	0.0	5:52	0.0	5:50	7:55	
7	Sun			12:06	0.4	6:33	0.0	6:34	0.0	5:49	7:56	
8	Mon	12:19	0.4	12:48	0.4	7:16	0.0	7:15	0.0	5:48	7:57	
9	Tue	12:58	0.4	1:31	0.4	7:56	0.0	7:53	0.0	5:47	7:58	
10	Wed	1:37	0.4	2:16	0.4	8:35	0.0	8:30	0.0	5:46	7:59	
11	Thu	2:17	0.4	3:03	0.3	9:13	0.0	9:07	0.1	5:45	8:00	
12	Fri	2:59	0.4	3:52	0.3	9:52	0.0	9:47	0.1	5:44	8:01	
13	Sat	3:45	0.4	4:41	0.3	10:37	0.1	10:35	0.1	5:43	8:02	
14	Sun	4:32	0.4	5:28	0.3	11:29	0.1	11:36	0.1	5:42	8:03	
15	Mon	5:20	0.3	6:14	0.3			12:26	0.1	5:41	8:04	
16	Tue	6:10	0.3	7:03	0.4	12:44	0.1	1:22	0.1	5:40	8:05	
17	Wed	7:04	0.3	7:55	0.4	1:47	0.1	2:14	0.1	5:39	8:06	
18	Thu	8:04	0.4	8:48	0.4	2:43	0.1	3:02	0.0	5:38	8:07	
19	Fri	9:03	0.4	9:38	0.4	3:35	0.0	3:49	0.0	5:38	8:07	
20	Sat	9:57	0.4	10:25	0.5	4:26	0.0	4:36	0.0	5:37	8:08	
21	Sun	10:47	0.4	11:11	0.5	5:17	0.0	5:24	0.0	5:36	8:09	
22	Mon	11:36	0.4	11:58	0.5	6:09	0.0	6:15	0.0	5:35	8:10	
23	Tue			12:27	0.4	7:00	-0.1	7:06	0.0	5:35	8:11	
24	Wed	12:48	0.5	1:20	0.4	7:50	-0.1	7:57	0.0	5:34	8:12	
25	Thu	1:41	0.5	2:18	0.4	8:40	-0.1	8:48	0.0	5:33	8:13	
26	Fri	2:38	0.5	3:18	0.4	9:31	0.0	9:43	0.0	5:33	8:14	
27	Sat	3:38	0.5	4:19	0.4	10:26	0.0	10:44	0.0	5:32	8:14	
28	Sun	4:37	0.4	5:17	0.4	11:25	0.0	11:52	0.0	5:32	8:15	
29	Mon	5:35	0.4	6:13	0.4			12:26	0.0	5:31	8:16	
30	Tue	6:31	0.4	7:09	0.4	1:01	0.1	1:25	0.0	5:30	8:17	
31	Wed	7:29	0.4	8:06	0.4	2:04	0.0	2:19	0.0	5:30	8:17	