

Lanoka Harbor, NJ - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:54	0.4	9:22	0.4	3:28	0.0	3:25	0.0	5:31	8:29	
2	Sun	9:47	0.4	10:08	0.4	4:15	0.0	4:09	0.0	5:32	8:28	
3	Mon	10:34	0.4	10:50	0.4	5:00	0.0	4:53	0.0	5:32	8:28	
4	Tue	11:18	0.4	11:29	0.4	5:44	0.0	5:37	0.0	5:33	8:28	
5	Wed			12:00	0.4	6:27	0.0	6:20	0.0	5:33	8:28	
6	Thu	12:07	0.4	12:41	0.4	7:08	0.0	7:02	0.0	5:34	8:28	
7	Fri	12:43	0.4	1:22	0.4	7:46	0.0	7:42	0.1	5:35	8:27	
8	Sat	1:19	0.4	2:03	0.4	8:22	0.0	8:20	0.1	5:35	8:27	
9	Sun	1:54	0.4	2:44	0.4	8:56	0.0	8:57	0.1	5:36	8:27	
10	Mon	2:31	0.4	3:26	0.4	9:29	0.0	9:35	0.1	5:37	8:26	
11	Tue	3:12	0.4	4:09	0.4	10:04	0.0	10:20	0.1	5:37	8:26	
12	Wed	3:59	0.4	4:53	0.4	10:45	0.1	11:19	0.1	5:38	8:25	
13	Thu	4:51	0.4	5:40	0.4	11:38	0.1			5:39	8:25	
14	Fri	5:45	0.4	6:32	0.4	12:28	0.1	12:40	0.1	5:39	8:24	
15	Sat	6:45	0.4	7:31	0.4	1:37	0.1	1:43	0.0	5:40	8:24	
16	Sun	7:53	0.4	8:34	0.5	2:39	0.0	2:44	0.0	5:41	8:23	
17	Mon	9:02	0.4	9:35	0.5	3:38	0.0	3:42	0.0	5:42	8:23	
18	Tue	10:04	0.4	10:32	0.5	4:33	0.0	4:39	0.0	5:42	8:22	
19	Wed	11:00	0.4	11:25	0.5	5:28	0.0	5:36	0.0	5:43	8:21	
20	Thu	11:55	0.4			6:22	-0.1	6:33	0.0	5:44	8:21	
21	Fri	12:17	0.5	12:49	0.5	7:14	-0.1	7:28	0.0	5:45	8:20	
22	Sat	1:10	0.5	1:44	0.5	8:04	-0.1	8:20	0.0	5:46	8:19	
23	Sun	2:04	0.5	2:40	0.4	8:51	-0.1	9:12	0.0	5:47	8:18	
24	Mon	2:59	0.5	3:36	0.4	9:39	0.0	10:05	0.0	5:47	8:18	
25	Tue	3:54	0.4	4:30	0.4	10:28	0.0	11:04	0.0	5:48	8:17	
26	Wed	4:48	0.4	5:22	0.4	11:21	0.0			5:49	8:16	
27	Thu	5:40	0.4	6:12	0.4	12:06	0.1	12:17	0.0	5:50	8:15	
28	Fri	6:32	0.4	7:03	0.4	1:09	0.1	1:13	0.1	5:51	8:14	
29	Sat	7:27	0.3	7:57	0.4	2:08	0.1	2:06	0.1	5:52	8:13	
30	Sun	8:24	0.3	8:51	0.4	3:00	0.1	2:55	0.1	5:53	8:12	
31	Mon	9:19	0.3	9:40	0.4	3:48	0.1	3:42	0.1	5:54	8:11	