

Lanoka Harbor, NJ - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:44	0.4	1:08	0.4	7:27	-0.1	7:47	-0.1	6:30	5:47	
2	Fri	1:35	0.4	2:01	0.4	8:15	-0.1	8:32	-0.1	6:28	5:48	
3	Sat	2:28	0.4	2:55	0.4	9:06	0.0	9:19	0.0	6:27	5:50	
4	Sun	3:21	0.4	3:48	0.3	10:02	0.0	10:12	0.0	6:25	5:51	
5	Mon	4:13	0.4	4:42	0.3	11:05	0.0	11:12	0.0	6:24	5:52	
6	Tue	5:05	0.3	5:36	0.3			12:09	0.0	6:22	5:53	
7	Wed	5:59	0.3	6:33	0.3	12:13	0.0	1:09	0.0	6:21	5:54	
8	Thu	6:58	0.3	7:33	0.3	1:12	0.0	2:02	0.0	6:19	5:55	
9	Fri	7:56	0.3	8:27	0.3	2:04	0.0	2:49	0.0	6:18	5:56	
10	Sat	8:46	0.4	9:14	0.3	2:52	0.0	3:32	0.0	6:16	5:57	
11	Sun	9:30	0.4	9:56	0.4	3:37	0.0	4:13	0.0	6:14	5:58	
12	Mon	10:09	0.4	10:34	0.4	4:21	0.0	4:53	0.0	6:13	5:59	
13	Tue	10:46	0.4	11:10	0.4	5:04	0.0	5:32	0.0	6:11	6:00	
14	Wed	11:20	0.4	11:44	0.4	5:45	0.0	6:08	0.0	6:10	6:01	
15	Thu	11:54	0.4			6:24	0.0	6:42	0.0	6:08	6:02	
16	Fri	12:17	0.4	12:27	0.4	7:01	0.0	7:14	0.0	6:06	6:03	
17	Sat	12:51	0.4	1:04	0.4	7:38	0.0	7:46	0.0	6:05	6:04	
18	Sun	1:28	0.4	1:46	0.3	8:16	0.0	8:20	0.0	6:03	6:05	
19	Mon	2:14	0.4	2:38	0.3	9:00	0.0	9:01	0.0	6:02	6:06	
20	Tue	3:08	0.4	3:37	0.3	9:58	0.0	10:00	0.0	6:00	6:07	
21	Wed	4:07	0.4	4:39	0.3	11:10	0.0	11:20	0.0	5:58	6:09	
22	Thu	5:10	0.4	5:45	0.3			12:23	0.0	5:57	6:10	
23	Fri	6:18	0.4	6:55	0.3	12:38	0.0	1:28	0.0	5:55	6:11	
24	Sat	7:27	0.4	8:02	0.4	1:46	0.0	2:26	0.0	5:53	6:12	
25	Sun	8:31	0.4	9:01	0.4	2:46	0.0	3:20	-0.1	5:52	6:13	
26	Mon	9:27	0.4	9:54	0.4	3:43	-0.1	4:11	-0.1	5:50	6:14	
27	Tue	10:18	0.5	10:43	0.5	4:37	-0.1	5:01	-0.1	5:49	6:15	
28	Wed	11:07	0.5	11:31	0.5	5:30	-0.1	5:50	-0.1	5:47	6:16	
29	Thu	11:56	0.4			6:20	-0.1	6:35	-0.1	5:45	6:17	
30	Fri	12:18	0.5	12:45	0.4	7:08	-0.1	7:19	-0.1	5:44	6:18	
31	Sat	1:06	0.4	1:36	0.4	7:54	0.0	8:02	0.0	5:42	6:19	