

Lanoka Harbor, NJ - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:13	0.4	5:02	0.3	11:00	0.1	11:07	0.1	5:30	8:18	
2	Sat	5:00	0.4	5:49	0.4	11:52	0.1			5:29	8:19	
3	Sun	5:46	0.3	6:35	0.4	12:09	0.1	12:46	0.1	5:29	8:19	
4	Mon	6:34	0.3	7:23	0.4	1:12	0.1	1:37	0.1	5:29	8:20	
5	Tue	7:27	0.3	8:14	0.4	2:09	0.1	2:26	0.1	5:28	8:21	
6	Wed	8:24	0.3	9:03	0.4	3:01	0.1	3:11	0.0	5:28	8:21	
7	Thu	9:19	0.4	9:49	0.4	3:50	0.0	3:56	0.0	5:28	8:22	
8	Fri	10:09	0.4	10:33	0.5	4:38	0.0	4:41	0.0	5:28	8:23	
9	Sat	10:56	0.4	11:16	0.5	5:27	0.0	5:28	0.0	5:27	8:23	
10	Sun	11:42	0.4			6:16	0.0	6:17	0.0	5:27	8:24	
11	Mon	12:00	0.5	12:29	0.4	7:05	0.0	7:06	0.0	5:27	8:24	
12	Tue	12:47	0.5	1:20	0.4	7:52	0.0	7:56	0.0	5:27	8:25	
13	Wed	1:38	0.5	2:15	0.4	8:39	0.0	8:46	0.0	5:27	8:25	
14	Thu	2:33	0.5	3:14	0.4	9:28	0.0	9:39	0.0	5:27	8:26	
15	Fri	3:32	0.5	4:14	0.4	10:20	0.0	10:40	0.0	5:27	8:26	
16	Sat	4:31	0.4	5:11	0.4	11:17	0.0	11:48	0.0	5:27	8:26	
17	Sun	5:28	0.4	6:07	0.4			12:18	0.0	5:27	8:27	
18	Mon	6:25	0.4	7:03	0.4	12:57	0.0	1:17	0.0	5:27	8:27	
19	Tue	7:24	0.4	8:02	0.4	2:01	0.0	2:14	0.0	5:27	8:27	
20	Wed	8:25	0.4	8:59	0.4	3:00	0.0	3:06	0.0	5:27	8:28	
21	Thu	9:24	0.4	9:51	0.5	3:54	0.0	3:55	0.0	5:28	8:28	
22	Fri	10:17	0.4	10:38	0.5	4:44	0.0	4:43	0.0	5:28	8:28	
23	Sat	11:05	0.4	11:22	0.5	5:33	0.0	5:29	0.0	5:28	8:28	
24	Sun	11:51	0.4			6:20	0.0	6:15	0.0	5:28	8:28	
25	Mon	12:03	0.5	12:35	0.4	7:04	0.0	6:59	0.0	5:29	8:29	
26	Tue	12:44	0.4	1:20	0.4	7:45	0.0	7:41	0.0	5:29	8:29	
27	Wed	1:25	0.4	2:05	0.4	8:24	0.0	8:21	0.1	5:29	8:29	
28	Thu	2:06	0.4	2:52	0.4	9:01	0.0	9:00	0.1	5:30	8:29	
29	Fri	2:48	0.4	3:38	0.4	9:38	0.0	9:40	0.1	5:30	8:29	
30	Sat	3:32	0.4	4:24	0.4	10:17	0.1	10:26	0.1	5:31	8:29	