

Lanoka Harbor, NJ - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	0.3	5:49	0.4	11:44	0.1			5:54	8:10	
2	Thu	5:57	0.3	6:39	0.4	12:43	0.1	12:47	0.1	5:55	8:09	
3	Fri	6:56	0.3	7:37	0.4	1:49	0.1	1:50	0.1	5:56	8:08	
4	Sat	8:03	0.3	8:40	0.4	2:48	0.1	2:50	0.0	5:57	8:07	
5	Sun	9:09	0.4	9:39	0.5	3:43	0.0	3:46	0.0	5:58	8:06	
6	Mon	10:08	0.4	10:33	0.5	4:37	0.0	4:42	0.0	5:59	8:05	
7	Tue	11:01	0.4	11:24	0.5	5:29	0.0	5:38	0.0	6:00	8:04	
8	Wed	11:53	0.4			6:21	-0.1	6:34	0.0	6:01	8:03	
9	Thu	12:15	0.5	12:46	0.5	7:11	-0.1	7:27	0.0	6:02	8:01	
10	Fri	1:07	0.5	1:39	0.5	8:00	-0.1	8:19	0.0	6:03	8:00	
11	Sat	2:01	0.5	2:35	0.5	8:47	-0.1	9:11	0.0	6:04	7:59	
12	Sun	2:56	0.5	3:31	0.5	9:35	0.0	10:06	0.0	6:05	7:58	
13	Mon	3:53	0.4	4:28	0.4	10:26	0.0	11:07	0.0	6:06	7:56	
14	Tue	4:50	0.4	5:22	0.4	11:22	0.0			6:07	7:55	
15	Wed	5:45	0.4	6:16	0.4	12:13	0.1	12:22	0.0	6:08	7:54	
16	Thu	6:41	0.4	7:11	0.4	1:18	0.1	1:22	0.1	6:09	7:52	
17	Fri	7:39	0.4	8:08	0.4	2:18	0.1	2:18	0.1	6:09	7:51	
18	Sat	8:39	0.4	9:04	0.4	3:12	0.1	3:10	0.1	6:10	7:50	
19	Sun	9:34	0.4	9:54	0.4	4:00	0.0	3:58	0.1	6:11	7:48	
20	Mon	10:22	0.4	10:37	0.4	4:45	0.0	4:43	0.0	6:12	7:47	
21	Tue	11:05	0.4	11:17	0.4	5:27	0.0	5:27	0.0	6:13	7:45	
22	Wed	11:45	0.4	11:55	0.4	6:08	0.0	6:10	0.0	6:14	7:44	
23	Thu			12:24	0.4	6:47	0.0	6:52	0.0	6:15	7:42	
24	Fri	12:31	0.4	1:01	0.4	7:24	0.0	7:32	0.0	6:16	7:41	
25	Sat	1:05	0.4	1:38	0.4	7:58	0.0	8:09	0.1	6:17	7:39	
26	Sun	1:39	0.4	2:15	0.4	8:30	0.0	8:45	0.1	6:18	7:38	
27	Mon	2:14	0.4	2:52	0.4	9:00	0.0	9:22	0.1	6:19	7:36	
28	Tue	2:53	0.4	3:33	0.4	9:31	0.1	10:03	0.1	6:20	7:35	
29	Wed	3:39	0.4	4:19	0.4	10:07	0.1	10:57	0.1	6:21	7:33	
30	Thu	4:32	0.3	5:09	0.4	10:56	0.1			6:22	7:32	
31	Fri	5:29	0.3	6:05	0.4	12:06	0.1	12:06	0.1	6:23	7:30	