US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:10	0.4	8:35	0.4	2:26	0.0	2:57	0.0	6:25	4:55	
2	Fri	9:05	0.5	9:28	0.5	3:16	0.0	3:51	0.0	6:26	4:54	
3	Sat	9:54	0.5	10:18	0.5	4:06	-0.1	4:44	0.0	6:27	4:53	
4	Sun	10:42	0.5	11:07	0.5	4:55	-0.1	5:35	0.0	6:28	4:51	
5	Mon	11:28	0.5	11:56	0.4	5:43	0.0	6:25	0.0	6:29	4:50	
6	Tue			12:15	0.5	6:30	0.0	7:12	0.0	6:30	4:49	
7	Wed	12:47	0.4	1:03	0.5	7:14	0.0	7:58	0.0	6:31	4:48	
8	Thu	1:39	0.4	1:54	0.4	7:58	0.0	8:44	0.0	6:33	4:47	
9	Fri	2:34	0.4	2:46	0.4	8:43	0.1	9:35	0.0	6:34	4:46	
10	Sat	3:28	0.4	3:39	0.4	9:34	0.1	10:31	0.1	6:35	4:45	
11	Sun	4:21	0.3	4:30	0.4	10:35	0.1	11:29	0.1	6:36	4:44	
12	Mon	5:11	0.3	5:20	0.4	11:39	0.1			6:37	4:43	
13	Tue	6:03	0.3	6:12	0.3	12:24	0.1	12:40	0.1	6:38	4:42	
14	Wed	6:55	0.4	7:06	0.3	1:14	0.1	1:33	0.1	6:39	4:42	
15	Thu	7:46	0.4	7:58	0.4	1:58	0.0	2:21	0.1	6:41	4:41	
16	Fri	8:32	0.4	8:45	0.4	2:40	0.0	3:07	0.0	6:42	4:40	
17	Sat	9:13	0.4	9:28	0.4	3:20	0.0	3:51	0.0	6:43	4:39	
18	Sun	9:51	0.4	10:07	0.4	4:01	0.0	4:35	0.0	6:44	4:39	
19	Mon	10:27	0.4	10:45	0.4	4:41	0.0	5:19	0.0	6:45	4:38	
20	Tue	11:03	0.4	11:24	0.4	5:22	0.0	6:03	0.0	6:46	4:37	
21	Wed	11:41	0.5			6:03	0.0	6:46	0.0	6:47	4:37	
22	Thu	12:06	0.4	12:23	0.4	6:45	0.0	7:29	0.0	6:48	4:36	
23	Fri	12:53	0.4	1:11	0.4	7:27	0.0	8:14	0.0	6:50	4:35	
24	Sat	1:48	0.4	2:07	0.4	8:14	0.0	9:04	0.0	6:51	4:35	
25	Sun	2:49	0.4	3:09	0.4	9:09	0.0	10:02	0.0	6:52	4:34	
26	Mon	3:50	0.4	4:10	0.4	10:19	0.0	11:06	0.0	6:53	4:34	
27	Tue	4:50	0.4	5:10	0.4	11:34	0.0			6:54	4:33	
28	Wed	5:49	0.4	6:11	0.4	12:09	0.0	12:44	0.0	6:55	4:33	
29	Thu	6:50	0.4	7:14	0.4	1:08	0.0	1:47	0.0	6:56	4:33	
30	Fri	7:51	0.4	8:15	0.4	2:03	0.0	2:43	0.0	6:57	4:32	