

Lanoka Harbor, NJ - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:05	0.4	10:32	0.4	4:11	0.0	5:01	0.0	7:18	4:41	
2	Wed	10:49	0.4	11:17	0.4	4:59	0.0	5:47	0.0	7:18	4:42	
3	Thu	11:30	0.4			5:44	0.0	6:29	0.0	7:18	4:43	
4	Fri	12:01	0.4	12:12	0.4	6:27	0.0	7:09	0.0	7:18	4:44	
5	Sat	12:46	0.3	12:53	0.4	7:07	0.0	7:47	0.0	7:18	4:45	
6	Sun	1:32	0.3	1:36	0.4	7:46	0.0	8:24	0.0	7:18	4:46	
7	Mon	2:19	0.3	2:20	0.3	8:26	0.0	9:02	0.0	7:18	4:47	
8	Tue	3:06	0.3	3:05	0.3	9:09	0.0	9:44	0.0	7:18	4:48	
9	Wed	3:51	0.3	3:50	0.3	10:00	0.1	10:32	0.0	7:18	4:49	
10	Thu	4:36	0.3	4:36	0.3	11:03	0.1	11:27	0.0	7:17	4:50	
11	Fri	5:21	0.3	5:26	0.3			12:08	0.1	7:17	4:51	
12	Sat	6:10	0.3	6:22	0.3	12:23	0.0	1:08	0.1	7:17	4:52	
13	Sun	7:04	0.3	7:23	0.3	1:16	0.0	2:03	0.0	7:17	4:53	
14	Mon	7:59	0.4	8:22	0.3	2:07	0.0	2:54	0.0	7:16	4:54	
15	Tue	8:50	0.4	9:14	0.3	2:56	0.0	3:44	0.0	7:16	4:55	
16	Wed	9:37	0.4	10:02	0.3	3:45	0.0	4:33	-0.1	7:16	4:56	
17	Thu	10:23	0.4	10:49	0.4	4:35	0.0	5:22	-0.1	7:15	4:57	
18	Fri	11:09	0.5	11:37	0.4	5:26	-0.1	6:10	-0.1	7:15	4:58	
19	Sat	11:58	0.5			6:17	-0.1	6:56	-0.1	7:14	4:59	
20	Sun	12:27	0.4	12:49	0.4	7:06	-0.1	7:42	-0.1	7:14	5:00	
21	Mon	1:21	0.4	1:43	0.4	7:56	-0.1	8:29	-0.1	7:13	5:02	
22	Tue	2:18	0.4	2:40	0.4	8:50	0.0	9:20	-0.1	7:12	5:03	
23	Wed	3:16	0.4	3:37	0.4	9:50	0.0	10:16	0.0	7:12	5:04	
24	Thu	4:12	0.4	4:34	0.4	10:58	0.0	11:17	0.0	7:11	5:05	
25	Fri	5:09	0.4	5:32	0.3			12:07	0.0	7:11	5:06	
26	Sat	6:07	0.4	6:33	0.3	12:20	0.0	1:13	0.0	7:10	5:07	
27	Sun	7:08	0.4	7:37	0.3	1:19	0.0	2:11	0.0	7:09	5:09	
28	Mon	8:08	0.4	8:36	0.3	2:14	0.0	3:04	0.0	7:08	5:10	
29	Tue	9:01	0.4	9:28	0.3	3:04	0.0	3:53	0.0	7:07	5:11	
30	Wed	9:48	0.4	10:14	0.3	3:52	0.0	4:40	0.0	7:07	5:12	
31	Thu	10:30	0.4	10:57	0.3	4:39	0.0	5:24	0.0	7:06	5:13	