

Lanoka Harbor, NJ - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:47	0.4	11:12	0.4	5:01	0.0	5:35	0.0	6:29	5:48	
2	Sun	11:24	0.4	11:49	0.4	5:42	0.0	6:11	0.0	6:27	5:49	
3	Mon	11:59	0.4			6:21	0.0	6:46	0.0	6:26	5:50	
4	Tue	12:25	0.4	12:34	0.4	6:58	0.0	7:18	0.0	6:24	5:51	
5	Wed	1:00	0.4	1:08	0.3	7:34	0.0	7:48	0.0	6:23	5:53	
6	Thu	1:35	0.4	1:44	0.3	8:08	0.0	8:17	0.0	6:21	5:54	
7	Fri	2:12	0.3	2:24	0.3	8:45	0.0	8:48	0.0	6:19	5:55	
8	Sat	2:53	0.3	3:11	0.3	9:29	0.0	9:27	0.0	6:18	5:56	
9	Sun	3:40	0.3	4:04	0.3	10:30	0.1	10:27	0.1	6:16	5:57	
10	Mon	4:34	0.3	5:03	0.3	11:44	0.1	11:47	0.1	6:15	5:58	
11	Tue	5:34	0.4	6:08	0.3			12:53	0.0	6:13	5:59	
12	Wed	6:42	0.4	7:18	0.3	1:01	0.0	1:54	0.0	6:12	6:00	
13	Thu	7:50	0.4	8:23	0.4	2:05	0.0	2:49	0.0	6:10	6:01	
14	Fri	8:50	0.4	9:18	0.4	3:03	0.0	3:41	-0.1	6:08	6:02	
15	Sat	9:44	0.5	10:09	0.4	3:58	-0.1	4:32	-0.1	6:07	6:03	
16	Sun	10:34	0.5	10:59	0.5	4:53	-0.1	5:21	-0.1	6:05	6:04	
17	Mon	11:24	0.5	11:48	0.5	5:46	-0.1	6:10	-0.1	6:04	6:05	
18	Tue			12:15	0.5	6:38	-0.1	6:57	-0.1	6:02	6:06	
19	Wed	12:39	0.5	1:07	0.4	7:28	-0.1	7:43	-0.1	6:00	6:07	
20	Thu	1:32	0.4	2:02	0.4	8:18	-0.1	8:30	-0.1	5:59	6:08	
21	Fri	2:27	0.4	2:59	0.4	9:11	0.0	9:22	0.0	5:57	6:09	
22	Sat	3:23	0.4	3:56	0.4	10:11	0.0	10:20	0.0	5:56	6:10	
23	Sun	4:19	0.4	4:53	0.3	11:17	0.0	11:25	0.0	5:54	6:11	
24	Mon	5:15	0.4	5:51	0.3			12:23	0.0	5:52	6:12	
25	Tue	6:13	0.3	6:51	0.3	12:31	0.1	1:23	0.0	5:51	6:13	
26	Wed	7:13	0.3	7:49	0.3	1:30	0.0	2:14	0.0	5:49	6:14	
27	Thu	8:11	0.4	8:41	0.3	2:22	0.0	3:00	0.0	5:47	6:15	
28	Fri	8:59	0.4	9:26	0.4	3:09	0.0	3:41	0.0	5:46	6:16	
29	Sat	9:42	0.4	10:06	0.4	3:53	0.0	4:21	0.0	5:44	6:17	
30	Sun	10:20	0.4	10:43	0.4	4:36	0.0	5:00	0.0	5:43	6:18	
31	Mon	10:57	0.4	11:18	0.4	5:18	0.0	5:38	0.0	5:41	6:19	