

Lanoka Harbor, NJ - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:36	0.5	2:13	0.4	8:39	0.0	8:43	0.0	5:32	8:28	
2	Wed	2:27	0.5	3:08	0.4	9:23	0.0	9:34	0.0	5:32	8:28	
3	Thu	3:23	0.4	4:05	0.4	10:11	0.0	10:32	0.0	5:33	8:28	
4	Fri	4:21	0.4	5:01	0.4	11:06	0.0	11:39	0.1	5:33	8:28	
5	Sat	5:18	0.4	5:56	0.4			12:05	0.0	5:34	8:28	
6	Sun	6:15	0.4	6:53	0.4	12:49	0.1	1:06	0.0	5:34	8:27	
7	Mon	7:16	0.4	7:53	0.4	1:56	0.0	2:04	0.0	5:35	8:27	
8	Tue	8:19	0.4	8:53	0.5	2:57	0.0	3:00	0.0	5:36	8:27	
9	Wed	9:22	0.4	9:49	0.5	3:53	0.0	3:53	0.0	5:36	8:26	
10	Thu	10:18	0.4	10:40	0.5	4:46	0.0	4:45	0.0	5:37	8:26	
11	Fri	11:09	0.4	11:27	0.5	5:37	0.0	5:36	0.0	5:38	8:26	
12	Sat	11:58	0.4			6:27	0.0	6:25	0.0	5:38	8:25	
13	Sun	12:12	0.5	12:45	0.4	7:13	0.0	7:12	0.0	5:39	8:25	
14	Mon	12:56	0.5	1:32	0.4	7:55	0.0	7:55	0.0	5:40	8:24	
15	Tue	1:40	0.4	2:19	0.4	8:35	0.0	8:37	0.0	5:41	8:24	
16	Wed	2:24	0.4	3:07	0.4	9:13	0.0	9:18	0.1	5:41	8:23	
17	Thu	3:09	0.4	3:54	0.4	9:51	0.0	10:01	0.1	5:42	8:22	
18	Fri	3:55	0.4	4:40	0.4	10:31	0.1	10:51	0.1	5:43	8:22	
19	Sat	4:40	0.4	5:24	0.4	11:16	0.1	11:48	0.1	5:44	8:21	
20	Sun	5:25	0.3	6:07	0.4			12:06	0.1	5:45	8:20	
21	Mon	6:12	0.3	6:53	0.4	12:50	0.1	1:00	0.1	5:45	8:20	
22	Tue	7:03	0.3	7:43	0.4	1:49	0.1	1:53	0.1	5:46	8:19	
23	Wed	8:02	0.3	8:37	0.4	2:44	0.1	2:44	0.1	5:47	8:18	
24	Thu	9:01	0.3	9:28	0.4	3:35	0.1	3:34	0.1	5:48	8:17	
25	Fri	9:55	0.4	10:16	0.4	4:23	0.0	4:22	0.0	5:49	8:16	
26	Sat	10:43	0.4	11:01	0.5	5:12	0.0	5:12	0.0	5:50	8:15	
27	Sun	11:29	0.4	11:46	0.5	6:00	0.0	6:02	0.0	5:51	8:15	
28	Mon			12:15	0.4	6:47	0.0	6:53	0.0	5:51	8:14	
29	Tue	12:32	0.5	1:03	0.4	7:33	0.0	7:42	0.0	5:52	8:13	
30	Wed	1:21	0.5	1:54	0.4	8:18	0.0	8:32	0.0	5:53	8:12	
31	Thu	2:13	0.5	2:49	0.4	9:03	0.0	9:23	0.0	5:54	8:11	