

Lanoka Harbor, NJ - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:08	0.5	3:45	0.4	9:50	0.0	10:19	0.0	5:55	8:10	
2	Sat	4:06	0.4	4:42	0.4	10:42	0.0	11:23	0.0	5:56	8:09	
3	Sun	5:03	0.4	5:38	0.4	11:41	0.0			5:57	8:07	
4	Mon	6:00	0.4	6:34	0.4	12:33	0.0	12:43	0.0	5:58	8:06	
5	Tue	7:00	0.4	7:33	0.4	1:40	0.0	1:45	0.0	5:59	8:05	
6	Wed	8:03	0.4	8:35	0.4	2:41	0.0	2:43	0.0	6:00	8:04	
7	Thu	9:06	0.4	9:32	0.4	3:37	0.0	3:37	0.0	6:01	8:03	
8	Fri	10:02	0.4	10:23	0.5	4:28	0.0	4:28	0.0	6:02	8:02	
9	Sat	10:52	0.4	11:08	0.5	5:17	0.0	5:16	0.0	6:03	8:00	
10	Sun	11:37	0.4	11:51	0.5	6:03	0.0	6:04	0.0	6:04	7:59	
11	Mon			12:21	0.4	6:46	0.0	6:48	0.0	6:04	7:58	
12	Tue	12:31	0.4	1:03	0.4	7:26	0.0	7:31	0.0	6:05	7:57	
13	Wed	1:11	0.4	1:45	0.4	8:03	0.0	8:10	0.0	6:06	7:55	
14	Thu	1:51	0.4	2:27	0.4	8:38	0.0	8:49	0.1	6:07	7:54	
15	Fri	2:31	0.4	3:10	0.4	9:12	0.0	9:27	0.1	6:08	7:53	
16	Sat	3:13	0.4	3:54	0.4	9:45	0.1	10:09	0.1	6:09	7:51	
17	Sun	3:57	0.4	4:37	0.4	10:22	0.1	11:00	0.1	6:10	7:50	
18	Mon	4:43	0.3	5:20	0.4	11:06	0.1			6:11	7:49	
19	Tue	5:30	0.3	6:05	0.4	12:02	0.1	12:03	0.1	6:12	7:47	
20	Wed	6:22	0.3	6:56	0.4	1:07	0.1	1:07	0.1	6:13	7:46	
21	Thu	7:21	0.3	7:54	0.4	2:08	0.1	2:08	0.1	6:14	7:44	
22	Fri	8:25	0.3	8:53	0.4	3:03	0.1	3:04	0.1	6:15	7:43	
23	Sat	9:24	0.4	9:48	0.5	3:54	0.0	3:57	0.0	6:16	7:41	
24	Sun	10:17	0.4	10:38	0.5	4:43	0.0	4:49	0.0	6:17	7:40	
25	Mon	11:05	0.4	11:25	0.5	5:32	0.0	5:42	0.0	6:18	7:38	
26	Tue	11:53	0.4			6:20	0.0	6:35	0.0	6:19	7:37	
27	Wed	12:13	0.5	12:41	0.5	7:08	-0.1	7:27	0.0	6:20	7:35	
28	Thu	1:03	0.5	1:32	0.5	7:54	-0.1	8:17	0.0	6:21	7:34	
29	Fri	1:55	0.5	2:26	0.5	8:40	0.0	9:08	0.0	6:22	7:32	
30	Sat	2:50	0.5	3:22	0.5	9:27	0.0	10:03	0.0	6:22	7:31	
31	Sun	3:49	0.4	4:20	0.5	10:18	0.0	11:06	0.0	6:23	7:29	