

Lanoka Harbor, NJ - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:01	0.4	6:16	0.4	12:28	0.1	12:40	0.1	6:25	4:54	
2	Sun	6:56	0.4	7:12	0.4	1:21	0.1	1:35	0.1	6:27	4:53	
3	Mon	7:49	0.4	8:04	0.4	2:07	0.0	2:24	0.1	6:28	4:52	
4	Tue	8:36	0.4	8:51	0.4	2:48	0.0	3:08	0.0	6:29	4:51	
5	Wed	9:18	0.4	9:32	0.4	3:27	0.0	3:51	0.0	6:30	4:50	
6	Thu	9:56	0.4	10:11	0.4	4:05	0.0	4:33	0.0	6:31	4:48	
7	Fri	10:32	0.4	10:48	0.4	4:44	0.0	5:15	0.0	6:32	4:47	
8	Sat	11:06	0.4	11:23	0.4	5:22	0.0	5:56	0.0	6:33	4:46	
9	Sun	11:39	0.4	11:59	0.4	5:59	0.0	6:35	0.0	6:35	4:45	
10	Mon			12:12	0.4	6:34	0.0	7:13	0.0	6:36	4:45	
11	Tue	12:35	0.3	12:46	0.4	7:08	0.1	7:51	0.0	6:37	4:44	
12	Wed	1:16	0.3	1:27	0.4	7:42	0.1	8:31	0.0	6:38	4:43	
13	Thu	2:06	0.3	2:19	0.4	8:21	0.1	9:19	0.0	6:39	4:42	
14	Fri	3:03	0.3	3:18	0.4	9:11	0.1	10:18	0.1	6:40	4:41	
15	Sat	4:02	0.3	4:19	0.4	10:24	0.1	11:24	0.0	6:41	4:40	
16	Sun	5:00	0.4	5:19	0.4	11:45	0.1			6:43	4:39	
17	Mon	6:00	0.4	6:23	0.4	12:27	0.0	12:56	0.0	6:44	4:39	
18	Tue	7:02	0.4	7:28	0.4	1:24	0.0	1:58	0.0	6:45	4:38	
19	Wed	8:03	0.4	8:28	0.4	2:17	0.0	2:55	0.0	6:46	4:37	
20	Thu	8:58	0.5	9:24	0.4	3:08	0.0	3:49	0.0	6:47	4:37	
21	Fri	9:49	0.5	10:16	0.4	3:59	-0.1	4:43	-0.1	6:48	4:36	
22	Sat	10:39	0.5	11:07	0.4	4:51	-0.1	5:37	-0.1	6:49	4:35	
23	Sun	11:28	0.5	11:59	0.4	5:42	-0.1	6:28	-0.1	6:50	4:35	
24	Mon			12:18	0.5	6:32	0.0	7:18	-0.1	6:51	4:34	
25	Tue	12:53	0.4	1:10	0.5	7:20	0.0	8:06	0.0	6:53	4:34	
26	Wed	1:49	0.4	2:05	0.4	8:08	0.0	8:56	0.0	6:54	4:34	
27	Thu	2:47	0.4	3:00	0.4	8:59	0.0	9:50	0.0	6:55	4:33	
28	Fri	3:43	0.4	3:54	0.4	9:56	0.1	10:48	0.0	6:56	4:33	
29	Sat	4:36	0.3	4:46	0.4	10:59	0.1	11:46	0.0	6:57	4:32	
30	Sun	5:27	0.3	5:37	0.3			12:03	0.1	6:58	4:32	