

Lanoka Harbor, NJ - Jan 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:02	0.4	12:19	0.5	6:33	-0.1	7:22	-0.1	7:18	4:42	
2	Sun	12:58	0.4	1:14	0.5	7:25	-0.1	8:12	-0.1	7:18	4:43	
3	Mon	1:56	0.4	2:12	0.4	8:18	0.0	9:03	-0.1	7:18	4:43	
4	Tue	2:55	0.4	3:09	0.4	9:14	0.0	9:57	0.0	7:18	4:44	
5	Wed	3:52	0.4	4:04	0.4	10:16	0.0	10:55	0.0	7:18	4:45	
6	Thu	4:46	0.4	4:58	0.3	11:23	0.0	11:52	0.0	7:18	4:46	
7	Fri	5:38	0.4	5:52	0.3			12:27	0.0	7:18	4:47	
8	Sat	6:32	0.4	6:49	0.3	12:47	0.0	1:26	0.0	7:18	4:48	
9	Sun	7:27	0.4	7:47	0.3	1:37	0.0	2:19	0.0	7:17	4:49	
10	Mon	8:19	0.4	8:41	0.3	2:24	0.0	3:07	0.0	7:17	4:50	
11	Tue	9:05	0.4	9:28	0.3	3:08	0.0	3:52	0.0	7:17	4:51	
12	Wed	9:48	0.4	10:11	0.3	3:51	0.0	4:36	0.0	7:17	4:52	
13	Thu	10:27	0.4	10:51	0.3	4:34	0.0	5:19	0.0	7:17	4:53	
14	Fri	11:05	0.4	11:30	0.3	5:17	0.0	5:59	0.0	7:16	4:54	
15	Sat	11:42	0.4			5:58	0.0	6:38	0.0	7:16	4:55	
16	Sun	12:09	0.3	12:18	0.4	6:36	0.0	7:13	0.0	7:15	4:56	
17	Mon	12:47	0.3	12:53	0.4	7:12	0.0	7:47	0.0	7:15	4:57	
18	Tue	1:25	0.3	1:30	0.3	7:47	0.0	8:20	0.0	7:15	4:58	
19	Wed	2:04	0.3	2:10	0.3	8:23	0.0	8:54	0.0	7:14	5:00	
20	Thu	2:47	0.3	2:57	0.3	9:05	0.0	9:34	0.0	7:13	5:01	
21	Fri	3:32	0.3	3:48	0.3	10:01	0.1	10:24	0.0	7:13	5:02	
22	Sat	4:22	0.3	4:43	0.3	11:17	0.1	11:26	0.0	7:12	5:03	
23	Sun	5:16	0.4	5:44	0.3			12:32	0.0	7:12	5:04	
24	Mon	6:17	0.4	6:53	0.3	12:32	0.0	1:39	0.0	7:11	5:05	
25	Tue	7:25	0.4	8:03	0.3	1:35	0.0	2:39	0.0	7:10	5:07	
26	Wed	8:30	0.4	9:05	0.3	2:35	0.0	3:35	0.0	7:10	5:08	
27	Thu	9:27	0.4	10:01	0.4	3:33	-0.1	4:30	-0.1	7:09	5:09	
28	Fri	10:21	0.5	10:54	0.4	4:30	-0.1	5:24	-0.1	7:08	5:10	
29	Sat	11:13	0.5	11:47	0.4	5:26	-0.1	6:14	-0.1	7:07	5:11	
30	Sun			12:04	0.5	6:20	-0.1	7:02	-0.1	7:06	5:13	
31	Mon	12:39	0.4	12:56	0.4	7:11	-0.1	7:49	-0.1	7:05	5:14	