

Lanoka Harbor, NJ - Nov 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:45	0.4	8:03	0.4	2:05	0.0	2:24	0.0	6:25	4:55	
2	Wed	8:41	0.5	8:59	0.4	2:55	0.0	3:19	0.0	6:26	4:54	
3	Thu	9:30	0.5	9:48	0.4	3:42	0.0	4:11	0.0	6:27	4:53	
4	Fri	10:16	0.5	10:35	0.4	4:29	0.0	5:01	0.0	6:28	4:51	
5	Sat	11:00	0.5	11:21	0.4	5:14	0.0	5:50	0.0	6:29	4:50	
6	Sun	11:44	0.5			5:59	0.0	6:36	0.0	6:30	4:49	
7	Mon	12:07	0.4	12:28	0.5	6:41	0.0	7:20	0.0	6:31	4:48	
8	Tue	12:55	0.4	1:14	0.4	7:22	0.0	8:03	0.0	6:33	4:47	
9	Wed	1:46	0.4	2:03	0.4	8:02	0.1	8:48	0.0	6:34	4:46	
10	Thu	2:40	0.3	2:55	0.4	8:45	0.1	9:37	0.1	6:35	4:45	
11	Fri	3:34	0.3	3:47	0.4	9:37	0.1	10:34	0.1	6:36	4:44	
12	Sat	4:27	0.3	4:38	0.4	10:41	0.1	11:34	0.1	6:37	4:43	
13	Sun	5:18	0.3	5:29	0.3	11:50	0.1			6:38	4:42	
14	Mon	6:09	0.3	6:22	0.3	12:29	0.1	12:51	0.1	6:39	4:42	
15	Tue	7:02	0.3	7:16	0.4	1:18	0.1	1:44	0.1	6:41	4:41	
16	Wed	7:51	0.4	8:07	0.4	2:02	0.0	2:32	0.1	6:42	4:40	
17	Thu	8:35	0.4	8:53	0.4	2:43	0.0	3:17	0.0	6:43	4:39	
18	Fri	9:15	0.4	9:35	0.4	3:23	0.0	4:01	0.0	6:44	4:38	
19	Sat	9:52	0.4	10:15	0.4	4:03	0.0	4:46	0.0	6:45	4:38	
20	Sun	10:28	0.5	10:56	0.4	4:44	0.0	5:32	0.0	6:46	4:37	
21	Mon	11:06	0.5	11:39	0.4	5:27	0.0	6:17	0.0	6:47	4:37	
22	Tue	11:47	0.5			6:10	0.0	7:03	0.0	6:49	4:36	
23	Wed	12:26	0.4	12:34	0.5	6:55	0.0	7:49	0.0	6:50	4:35	
24	Thu	1:20	0.4	1:29	0.4	7:41	0.0	8:39	0.0	6:51	4:35	
25	Fri	2:21	0.3	2:31	0.4	8:33	0.0	9:36	0.0	6:52	4:34	
26	Sat	3:24	0.4	3:36	0.4	9:36	0.0	10:40	0.0	6:53	4:34	
27	Sun	4:25	0.4	4:37	0.4	10:50	0.1	11:46	0.0	6:54	4:33	
28	Mon	5:24	0.4	5:38	0.4			12:05	0.0	6:55	4:33	
29	Tue	6:24	0.4	6:40	0.4	12:46	0.0	1:11	0.0	6:56	4:33	
30	Wed	7:24	0.4	7:42	0.4	1:40	0.0	2:10	0.0	6:57	4:32	