

Lanoka Harbor, NJ - Mar 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:59	0.4			6:20	-0.1	6:43	-0.1	6:30	5:47	
2	Mon	12:25	0.4	12:44	0.4	7:06	-0.1	7:22	-0.1	6:28	5:49	
3	Tue	1:09	0.4	1:31	0.4	7:49	0.0	8:00	0.0	6:27	5:50	
4	Wed	1:55	0.4	2:19	0.3	8:33	0.0	8:38	0.0	6:25	5:51	
5	Thu	2:41	0.4	3:08	0.3	9:19	0.0	9:17	0.0	6:24	5:52	
6	Fri	3:28	0.3	3:59	0.3	10:13	0.0	10:04	0.1	6:22	5:53	
7	Sat	4:16	0.3	4:50	0.3	11:17	0.1	11:05	0.1	6:21	5:54	
8	Sun	5:06	0.3	5:46	0.3			12:24	0.1	6:19	5:55	
9	Mon	6:03	0.3	6:48	0.3	12:14	0.1	1:24	0.1	6:17	5:56	
10	Tue	7:07	0.3	7:50	0.3	1:17	0.1	2:16	0.1	6:16	5:57	
11	Wed	8:07	0.3	8:43	0.3	2:12	0.1	3:02	0.0	6:14	5:58	
12	Thu	8:56	0.3	9:27	0.3	3:01	0.0	3:45	0.0	6:13	5:59	
13	Fri	9:38	0.4	10:06	0.4	3:47	0.0	4:25	0.0	6:11	6:00	
14	Sat	10:15	0.4	10:42	0.4	4:31	0.0	5:04	0.0	6:10	6:01	
15	Sun	10:50	0.4	11:16	0.4	5:14	0.0	5:41	0.0	6:08	6:02	
16	Mon	11:25	0.4	11:50	0.4	5:56	0.0	6:16	0.0	6:06	6:03	
17	Tue			12:02	0.4	6:37	0.0	6:50	0.0	6:05	6:04	
18	Wed	12:26	0.4	12:42	0.4	7:17	0.0	7:24	0.0	6:03	6:05	
19	Thu	1:07	0.4	1:27	0.3	7:59	0.0	8:00	0.0	6:01	6:07	
20	Fri	1:55	0.4	2:21	0.3	8:46	0.0	8:42	0.0	6:00	6:08	
21	Sat	2:51	0.4	3:23	0.3	9:45	0.0	9:39	0.0	5:58	6:09	
22	Sun	3:54	0.4	4:28	0.3	10:58	0.0	10:59	0.0	5:57	6:10	
23	Mon	4:59	0.4	5:36	0.3			12:14	0.0	5:55	6:11	
24	Tue	6:08	0.4	6:48	0.3	12:23	0.0	1:22	0.0	5:53	6:12	
25	Wed	7:19	0.4	7:57	0.3	1:34	0.0	2:20	0.0	5:52	6:13	
26	Thu	8:23	0.4	8:55	0.4	2:36	0.0	3:12	0.0	5:50	6:14	
27	Fri	9:18	0.4	9:45	0.4	3:31	0.0	4:00	0.0	5:49	6:15	
28	Sat	10:06	0.4	10:31	0.4	4:24	0.0	4:46	-0.1	5:47	6:16	
29	Sun	10:51	0.4	11:13	0.4	5:13	0.0	5:30	-0.1	5:45	6:17	
30	Mon	11:34	0.4	11:54	0.4	6:00	0.0	6:11	0.0	5:44	6:18	
31	Tue			12:17	0.4	6:44	0.0	6:49	0.0	5:42	6:19	