

Lanoka Harbor, NJ - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:29	0.3	5:35	0.3			12:21	0.1	7:18	4:42	
2	Mon	6:17	0.3	6:29	0.3	12:21	0.0	1:15	0.1	7:18	4:43	
3	Tue	7:11	0.3	7:29	0.3	1:15	0.0	2:09	0.0	7:18	4:44	
4	Wed	8:05	0.4	8:29	0.3	2:03	0.0	3:03	0.0	7:18	4:45	
5	Thu	8:53	0.4	9:17	0.3	2:57	0.0	3:51	0.0	7:18	4:46	
6	Fri	9:41	0.4	10:05	0.3	3:45	0.0	4:39	0.0	7:18	4:47	
7	Sat	10:23	0.4	10:53	0.3	4:33	0.0	5:27	0.0	7:18	4:47	
8	Sun	11:05	0.4	11:35	0.3	5:21	0.0	6:09	-0.1	7:18	4:48	
9	Mon	11:53	0.4			6:09	0.0	6:57	-0.1	7:17	4:49	
10	Tue	12:23	0.4	12:41	0.4	7:03	0.0	7:39	-0.1	7:17	4:50	
11	Wed	1:17	0.4	1:35	0.4	7:51	0.0	8:21	-0.1	7:17	4:51	
12	Thu	2:11	0.4	2:29	0.4	8:39	0.0	9:09	-0.1	7:17	4:53	
13	Fri	3:05	0.4	3:23	0.4	9:39	0.0	10:03	0.0	7:16	4:54	
14	Sat	4:05	0.4	4:23	0.3	10:45	0.0	11:03	0.0	7:16	4:55	
15	Sun	4:59	0.4	5:23	0.3	11:57	0.0			7:16	4:56	
16	Mon	5:59	0.4	6:23	0.3	12:03	0.0	1:09	0.0	7:15	4:57	
17	Tue	6:59	0.4	7:29	0.3	1:09	0.0	2:09	0.0	7:15	4:58	
18	Wed	8:05	0.4	8:35	0.3	2:03	0.0	3:03	0.0	7:14	4:59	
19	Thu	8:59	0.4	9:29	0.3	2:57	0.0	3:57	0.0	7:14	5:00	
20	Fri	9:47	0.4	10:17	0.3	3:51	0.0	4:45	0.0	7:13	5:01	
21	Sat	10:35	0.4	10:59	0.3	4:39	0.0	5:27	0.0	7:13	5:03	
22	Sun	11:11	0.4	11:41	0.3	5:27	0.0	6:09	0.0	7:12	5:04	
23	Mon	11:53	0.4			6:09	0.0	6:51	0.0	7:11	5:05	
24	Tue	12:23	0.3	12:29	0.4	6:51	0.0	7:21	0.0	7:11	5:06	
25	Wed	1:05	0.3	1:11	0.4	7:27	0.0	7:57	0.0	7:10	5:07	
26	Thu	1:47	0.3	1:47	0.3	8:03	0.0	8:27	0.0	7:09	5:08	
27	Fri	2:29	0.3	2:29	0.3	8:39	0.0	8:57	0.0	7:08	5:10	
28	Sat	3:11	0.3	3:11	0.3	9:27	0.0	9:33	0.0	7:08	5:11	
29	Sun	3:53	0.3	3:53	0.3	10:15	0.1	10:15	0.0	7:07	5:12	
30	Mon	4:35	0.3	4:41	0.3	11:27	0.1	11:15	0.1	7:06	5:13	
31	Tue	5:23	0.3	5:41	0.3			12:33	0.1	7:05	5:14	