

Lanoka Harbor, NJ - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:31	0.4	9:59	0.5	4:03	0.0	4:02	0.0	5:29	8:18	
2	Fri	10:28	0.4	10:51	0.5	4:58	0.0	4:55	0.0	5:29	8:19	
3	Sat	11:22	0.4	11:40	0.5	5:52	0.0	5:48	0.0	5:29	8:20	
4	Sun			12:14	0.4	6:45	0.0	6:41	0.0	5:28	8:20	
5	Mon	12:29	0.5	1:06	0.4	7:36	0.0	7:31	0.0	5:28	8:21	
6	Tue	1:19	0.5	2:00	0.4	8:23	0.0	8:19	0.0	5:28	8:22	
7	Wed	2:10	0.4	2:55	0.4	9:08	0.0	9:06	0.1	5:28	8:22	
8	Thu	3:02	0.4	3:49	0.4	9:53	0.0	9:54	0.1	5:27	8:23	
9	Fri	3:53	0.4	4:40	0.4	10:40	0.0	10:47	0.1	5:27	8:23	
10	Sat	4:43	0.4	5:27	0.4	11:30	0.1	11:47	0.1	5:27	8:24	
11	Sun	5:30	0.4	6:13	0.4			12:20	0.1	5:27	8:24	
12	Mon	6:16	0.3	6:59	0.4	12:49	0.1	1:09	0.1	5:27	8:25	
13	Tue	7:05	0.3	7:47	0.4	1:46	0.1	1:55	0.1	5:27	8:25	
14	Wed	7:59	0.3	8:36	0.4	2:39	0.1	2:40	0.1	5:27	8:26	
15	Thu	8:55	0.3	9:23	0.4	3:28	0.1	3:24	0.1	5:27	8:26	
16	Fri	9:47	0.3	10:07	0.4	4:14	0.1	4:07	0.1	5:27	8:27	
17	Sat	10:33	0.3	10:48	0.4	5:00	0.0	4:51	0.1	5:27	8:27	
18	Sun	11:16	0.3	11:27	0.4	5:46	0.0	5:36	0.1	5:27	8:27	
19	Mon	11:57	0.3			6:32	0.0	6:22	0.1	5:27	8:28	
20	Tue	12:06	0.5	12:39	0.3	7:16	0.0	7:07	0.0	5:28	8:28	
21	Wed	12:48	0.5	1:24	0.4	7:58	0.0	7:52	0.0	5:28	8:28	
22	Thu	1:32	0.4	2:12	0.4	8:39	0.0	8:37	0.0	5:28	8:28	
23	Fri	2:21	0.4	3:05	0.4	9:21	0.0	9:25	0.0	5:28	8:28	
24	Sat	3:15	0.4	3:59	0.4	10:05	0.0	10:21	0.1	5:29	8:28	
25	Sun	4:11	0.4	4:53	0.4	10:55	0.0	11:27	0.1	5:29	8:29	
26	Mon	5:07	0.4	5:46	0.4	11:51	0.0			5:29	8:29	
27	Tue	6:03	0.4	6:41	0.4	12:39	0.1	12:50	0.0	5:30	8:29	
28	Wed	7:03	0.4	7:41	0.4	1:48	0.1	1:49	0.0	5:30	8:29	
29	Thu	8:08	0.4	8:42	0.5	2:50	0.0	2:47	0.0	5:31	8:29	
30	Fri	9:13	0.4	9:41	0.5	3:48	0.0	3:42	0.0	5:31	8:29	