

Lanoka Harbor, NJ - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:13	0.4	10:35	0.5	4:44	0.0	4:36	0.0	5:31	8:29	
2	Sun	11:07	0.4	11:25	0.5	5:37	0.0	5:30	0.0	5:32	8:28	
3	Mon	11:58	0.4			6:29	0.0	6:23	0.0	5:32	8:28	
4	Tue	12:12	0.5	12:48	0.4	7:17	0.0	7:13	0.0	5:33	8:28	
5	Wed	12:59	0.5	1:37	0.4	8:01	0.0	7:59	0.0	5:34	8:28	
6	Thu	1:44	0.4	2:26	0.4	8:41	0.0	8:42	0.1	5:34	8:28	
7	Fri	2:30	0.4	3:14	0.4	9:20	0.0	9:24	0.1	5:35	8:27	
8	Sat	3:16	0.4	4:01	0.4	9:58	0.0	10:10	0.1	5:35	8:27	
9	Sun	4:02	0.4	4:46	0.4	10:37	0.1	11:01	0.1	5:36	8:27	
10	Mon	4:47	0.3	5:29	0.4	11:20	0.1	11:59	0.1	5:37	8:26	
11	Tue	5:31	0.3	6:12	0.4			12:08	0.1	5:37	8:26	
12	Wed	6:18	0.3	6:57	0.4	1:01	0.1	1:00	0.1	5:38	8:25	
13	Thu	7:10	0.3	7:48	0.4	1:59	0.1	1:53	0.1	5:39	8:25	
14	Fri	8:10	0.3	8:42	0.4	2:53	0.1	2:44	0.1	5:40	8:24	
15	Sat	9:11	0.3	9:33	0.4	3:43	0.1	3:33	0.1	5:40	8:24	
16	Sun	10:04	0.3	10:20	0.4	4:32	0.0	4:22	0.1	5:41	8:23	
17	Mon	10:50	0.3	11:04	0.5	5:20	0.0	5:11	0.1	5:42	8:23	
18	Tue	11:34	0.4	11:47	0.5	6:07	0.0	6:01	0.0	5:43	8:22	
19	Wed			12:18	0.4	6:52	0.0	6:50	0.0	5:44	8:21	
20	Thu	12:31	0.5	1:04	0.4	7:35	0.0	7:39	0.0	5:44	8:21	
21	Fri	1:17	0.5	1:52	0.4	8:17	0.0	8:26	0.0	5:45	8:20	
22	Sat	2:06	0.5	2:43	0.4	8:58	0.0	9:15	0.0	5:46	8:19	
23	Sun	2:58	0.4	3:37	0.4	9:41	0.0	10:09	0.0	5:47	8:18	
24	Mon	3:53	0.4	4:32	0.4	10:28	0.0	11:12	0.1	5:48	8:17	
25	Tue	4:50	0.4	5:26	0.4	11:23	0.0			5:49	8:17	
26	Wed	5:47	0.4	6:22	0.4	12:23	0.1	12:24	0.0	5:50	8:16	
27	Thu	6:47	0.4	7:22	0.4	1:32	0.1	1:29	0.0	5:50	8:15	
28	Fri	7:53	0.3	8:26	0.4	2:37	0.1	2:31	0.0	5:51	8:14	
29	Sat	9:00	0.4	9:28	0.4	3:35	0.0	3:29	0.0	5:52	8:13	
30	Sun	10:01	0.4	10:22	0.4	4:29	0.0	4:23	0.0	5:53	8:12	
31	Mon	10:53	0.4	11:10	0.5	5:20	0.0	5:15	0.0	5:54	8:11	