

Lanoka Harbor, NJ - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:00	0.3	12:10	0.4	6:30	0.1	7:15	0.0	6:25	4:54	
2	Thu	12:37	0.3	12:44	0.4	7:03	0.1	7:53	0.1	6:26	4:53	
3	Fri	1:18	0.3	1:25	0.4	7:36	0.1	8:33	0.1	6:27	4:52	
4	Sat	2:08	0.3	2:17	0.4	8:14	0.1	9:21	0.1	6:29	4:51	
5	Sun	3:06	0.3	3:17	0.4	9:03	0.1	10:21	0.1	6:30	4:50	
6	Mon	4:04	0.3	4:18	0.4	10:16	0.1	11:26	0.1	6:31	4:49	
7	Tue	5:01	0.3	5:17	0.4	11:40	0.1			6:32	4:48	
8	Wed	5:59	0.4	6:19	0.4	12:26	0.0	12:52	0.1	6:33	4:47	
9	Thu	6:59	0.4	7:22	0.4	1:20	0.0	1:54	0.0	6:34	4:46	
10	Fri	7:57	0.4	8:22	0.4	2:11	0.0	2:50	0.0	6:35	4:45	
11	Sat	8:51	0.5	9:17	0.4	3:00	0.0	3:44	0.0	6:37	4:44	
12	Sun	9:42	0.5	10:09	0.4	3:50	0.0	4:39	0.0	6:38	4:43	
13	Mon	10:31	0.5	11:00	0.4	4:40	0.0	5:33	0.0	6:39	4:42	
14	Tue	11:20	0.5	11:53	0.4	5:32	0.0	6:25	0.0	6:40	4:41	
15	Wed			12:12	0.5	6:24	0.0	7:16	0.0	6:41	4:40	
16	Thu	12:48	0.4	1:06	0.5	7:14	0.0	8:06	0.0	6:42	4:40	
17	Fri	1:47	0.4	2:04	0.4	8:04	0.0	8:59	0.0	6:43	4:39	
18	Sat	2:48	0.4	3:03	0.4	8:58	0.0	9:56	0.0	6:45	4:38	
19	Sun	3:47	0.4	3:59	0.4	9:59	0.1	10:56	0.0	6:46	4:37	
20	Mon	4:42	0.3	4:52	0.4	11:07	0.1	11:54	0.1	6:47	4:37	
21	Tue	5:34	0.4	5:44	0.3			12:12	0.1	6:48	4:36	
22	Wed	6:25	0.4	6:37	0.3	12:46	0.1	1:10	0.1	6:49	4:36	
23	Thu	7:16	0.4	7:30	0.3	1:31	0.0	2:00	0.1	6:50	4:35	
24	Fri	8:04	0.4	8:21	0.3	2:12	0.0	2:46	0.1	6:51	4:35	
25	Sat	8:48	0.4	9:06	0.3	2:51	0.0	3:29	0.0	6:52	4:34	
26	Sun	9:27	0.4	9:47	0.3	3:30	0.0	4:12	0.0	6:53	4:34	
27	Mon	10:05	0.4	10:26	0.3	4:09	0.0	4:55	0.0	6:54	4:33	
28	Tue	10:40	0.4	11:04	0.3	4:49	0.0	5:37	0.0	6:56	4:33	
29	Wed	11:14	0.4	11:41	0.3	5:30	0.0	6:19	0.0	6:57	4:33	
30	Thu	11:49	0.4			6:09	0.0	6:58	0.0	6:58	4:32	