

Lanoka Harbor, NJ - Apr 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:11	0.4	4:52	0.3	11:09	0.0	11:11	0.0	6:40	7:20	
2	Mon	5:13	0.4	5:54	0.3			12:19	0.0	6:38	7:21	
3	Tue	6:15	0.4	6:56	0.3	12:25	0.0	1:28	0.0	6:37	7:22	
4	Wed	7:18	0.4	8:00	0.3	1:37	0.1	2:28	0.0	6:35	7:23	
5	Thu	8:22	0.4	9:00	0.4	2:40	0.0	3:20	0.0	6:34	7:24	
6	Fri	9:20	0.4	9:50	0.4	3:34	0.0	4:05	0.0	6:32	7:25	
7	Sat	10:08	0.4	10:33	0.4	4:22	0.0	4:46	0.0	6:31	7:26	
8	Sun	10:50	0.4	11:12	0.4	5:07	0.0	5:25	0.0	6:29	7:27	
9	Mon	11:29	0.4	11:48	0.4	5:50	0.0	6:03	0.0	6:27	7:28	
10	Tue			12:06	0.4	6:32	0.0	6:40	0.0	6:26	7:29	
11	Wed	12:23	0.4	12:42	0.4	7:11	0.0	7:14	0.0	6:24	7:30	
12	Thu	12:58	0.4	1:19	0.3	7:49	0.0	7:48	0.0	6:23	7:31	
13	Fri	1:32	0.4	1:57	0.3	8:25	0.0	8:19	0.0	6:21	7:32	
14	Sat	2:06	0.4	2:37	0.3	9:01	0.0	8:50	0.1	6:20	7:33	
15	Sun	2:44	0.4	3:23	0.3	9:38	0.0	9:23	0.1	6:18	7:34	
16	Mon	3:28	0.4	4:14	0.3	10:22	0.1	10:05	0.1	6:17	7:35	
17	Tue	4:20	0.4	5:06	0.3	11:19	0.1	11:07	0.1	6:15	7:36	
18	Wed	5:16	0.3	6:00	0.3			12:26	0.1	6:14	7:37	
19	Thu	6:13	0.4	6:56	0.3	12:32	0.1	1:28	0.1	6:12	7:38	
20	Fri	7:15	0.4	7:56	0.4	1:46	0.1	2:23	0.0	6:11	7:39	
21	Sat	8:19	0.4	8:55	0.4	2:48	0.1	3:13	0.0	6:10	7:40	
22	Sun	9:19	0.4	9:47	0.4	3:44	0.0	4:01	0.0	6:08	7:41	
23	Mon	10:13	0.4	10:36	0.5	4:37	0.0	4:48	0.0	6:07	7:42	
24	Tue	11:03	0.4	11:23	0.5	5:31	0.0	5:37	0.0	6:05	7:43	
25	Wed	11:53	0.4			6:24	-0.1	6:27	0.0	6:04	7:44	
26	Thu	12:12	0.5	12:45	0.4	7:16	-0.1	7:18	0.0	6:03	7:45	
27	Fri	1:02	0.5	1:39	0.4	8:08	-0.1	8:08	0.0	6:01	7:46	
28	Sat	1:56	0.5	2:38	0.4	8:59	0.0	8:59	0.0	6:00	7:47	
29	Sun	2:55	0.5	3:40	0.4	9:52	0.0	9:54	0.0	5:59	7:48	
30	Mon	3:56	0.4	4:41	0.4	10:52	0.0	10:57	0.1	5:57	7:49	