

Lanoka Harbor, NJ - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:56	0.4	5:40	0.4	11:56	0.0			5:56	7:50	
2	Wed	5:54	0.4	6:36	0.4	12:07	0.1	12:59	0.0	5:55	7:51	
3	Thu	6:50	0.4	7:33	0.4	1:16	0.1	1:56	0.0	5:54	7:52	
4	Fri	7:48	0.4	8:28	0.4	2:17	0.1	2:45	0.0	5:53	7:53	
5	Sat	8:44	0.4	9:18	0.4	3:10	0.1	3:28	0.0	5:51	7:54	
6	Sun	9:35	0.4	10:01	0.4	3:57	0.0	4:08	0.0	5:50	7:55	
7	Mon	10:20	0.4	10:41	0.4	4:41	0.0	4:47	0.0	5:49	7:56	
8	Tue	11:00	0.4	11:18	0.4	5:24	0.0	5:26	0.0	5:48	7:57	
9	Wed	11:39	0.4	11:53	0.4	6:06	0.0	6:05	0.0	5:47	7:58	
10	Thu			12:17	0.4	6:47	0.0	6:43	0.0	5:46	7:59	
11	Fri	12:28	0.4	12:55	0.3	7:27	0.0	7:20	0.1	5:45	8:00	
12	Sat	1:02	0.4	1:34	0.3	8:05	0.0	7:56	0.1	5:44	8:01	
13	Sun	1:37	0.4	2:15	0.3	8:42	0.0	8:30	0.1	5:43	8:02	
14	Mon	2:14	0.4	3:00	0.3	9:19	0.0	9:05	0.1	5:42	8:03	
15	Tue	2:58	0.4	3:49	0.3	9:59	0.1	9:47	0.1	5:41	8:04	
16	Wed	3:50	0.4	4:40	0.3	10:46	0.1	10:43	0.1	5:40	8:05	
17	Thu	4:44	0.4	5:30	0.3	11:43	0.1	11:59	0.1	5:39	8:06	
18	Fri	5:40	0.4	6:22	0.4			12:42	0.0	5:38	8:07	
19	Sat	6:38	0.4	7:19	0.4	1:15	0.1	1:39	0.0	5:38	8:08	
20	Sun	7:41	0.4	8:18	0.4	2:21	0.1	2:33	0.0	5:37	8:08	
21	Mon	8:46	0.4	9:16	0.5	3:20	0.0	3:25	0.0	5:36	8:09	
22	Tue	9:46	0.4	10:11	0.5	4:16	0.0	4:17	0.0	5:35	8:10	
23	Wed	10:42	0.4	11:03	0.5	5:12	0.0	5:10	0.0	5:35	8:11	
24	Thu	11:36	0.4	11:54	0.5	6:08	0.0	6:05	0.0	5:34	8:12	
25	Fri			12:30	0.4	7:02	0.0	7:00	0.0	5:33	8:13	
26	Sat	12:47	0.5	1:26	0.4	7:54	0.0	7:53	0.0	5:33	8:14	
27	Sun	1:41	0.5	2:25	0.4	8:45	0.0	8:45	0.0	5:32	8:14	
28	Mon	2:39	0.5	3:25	0.4	9:35	0.0	9:39	0.0	5:31	8:15	
29	Tue	3:37	0.4	4:23	0.4	10:29	0.0	10:37	0.1	5:31	8:16	
30	Wed	4:33	0.4	5:17	0.4	11:25	0.0	11:40	0.1	5:30	8:17	
31	Thu	5:26	0.4	6:08	0.4			12:21	0.0	5:30	8:17	