

Lanoka Harbor, NJ - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:17	0.4	6:58	0.4	12:45	0.1	1:14	0.0	5:30	8:18	
2	Sat	7:08	0.3	7:49	0.4	1:45	0.1	2:03	0.1	5:29	8:19	
3	Sun	8:02	0.3	8:39	0.4	2:39	0.1	2:47	0.1	5:29	8:20	
4	Mon	8:57	0.3	9:26	0.4	3:27	0.1	3:29	0.1	5:28	8:20	
5	Tue	9:47	0.3	10:09	0.4	4:12	0.1	4:10	0.1	5:28	8:21	
6	Wed	10:32	0.3	10:49	0.4	4:56	0.0	4:51	0.1	5:28	8:22	
7	Thu	11:14	0.3	11:27	0.4	5:40	0.0	5:33	0.1	5:28	8:22	
8	Fri	11:54	0.3			6:24	0.0	6:16	0.1	5:27	8:23	
9	Sat	12:04	0.4	12:34	0.3	7:06	0.0	6:57	0.1	5:27	8:23	
10	Sun	12:39	0.4	1:14	0.3	7:45	0.0	7:37	0.1	5:27	8:24	
11	Mon	1:16	0.4	1:54	0.3	8:23	0.0	8:14	0.1	5:27	8:24	
12	Tue	1:54	0.4	2:37	0.3	8:59	0.0	8:52	0.1	5:27	8:25	
13	Wed	2:36	0.4	3:24	0.3	9:37	0.0	9:34	0.1	5:27	8:25	
14	Thu	3:25	0.4	4:13	0.4	10:17	0.0	10:27	0.1	5:27	8:26	
15	Fri	4:18	0.4	5:02	0.4	11:05	0.0	11:34	0.1	5:27	8:26	
16	Sat	5:12	0.4	5:53	0.4			12:00	0.0	5:27	8:27	
17	Sun	6:09	0.4	6:48	0.4	12:49	0.1	12:59	0.0	5:27	8:27	
18	Mon	7:11	0.4	7:48	0.4	1:58	0.1	1:59	0.0	5:27	8:27	
19	Tue	8:18	0.4	8:51	0.5	3:00	0.0	2:57	0.0	5:27	8:27	
20	Wed	9:25	0.4	9:51	0.5	3:59	0.0	3:54	0.0	5:28	8:28	
21	Thu	10:25	0.4	10:47	0.5	4:56	0.0	4:50	0.0	5:28	8:28	
22	Fri	11:21	0.4	11:40	0.5	5:52	0.0	5:48	0.0	5:28	8:28	
23	Sat			12:16	0.4	6:47	0.0	6:45	0.0	5:28	8:28	
24	Sun	12:32	0.5	1:11	0.4	7:38	0.0	7:38	0.0	5:29	8:28	
25	Mon	1:25	0.5	2:06	0.4	8:26	0.0	8:29	0.0	5:29	8:29	
26	Tue	2:18	0.5	3:02	0.4	9:12	0.0	9:19	0.0	5:29	8:29	
27	Wed	3:11	0.4	3:55	0.4	9:58	0.0	10:10	0.1	5:30	8:29	
28	Thu	4:03	0.4	4:46	0.4	10:46	0.0	11:06	0.1	5:30	8:29	
29	Fri	4:53	0.4	5:33	0.4	11:35	0.0			5:30	8:29	
30	Sat	5:40	0.4	6:19	0.4	12:06	0.1	12:25	0.1	5:31	8:29	