

Lanoka Harbor, NJ - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:13	0.4	9:31	0.4	3:33	0.0	3:48	0.1	6:52	6:39	
2	Tue	9:59	0.4	10:17	0.4	4:16	0.0	4:37	0.0	6:53	6:38	
3	Wed	10:41	0.4	11:01	0.4	4:58	0.0	5:25	0.0	6:54	6:36	
4	Thu	11:22	0.5	11:45	0.5	5:41	0.0	6:15	0.0	6:55	6:34	
5	Fri			12:05	0.5	6:25	0.0	7:04	0.0	6:56	6:33	
6	Sat	12:30	0.4	12:50	0.5	7:10	0.0	7:53	0.0	6:57	6:31	
7	Sun	1:20	0.4	1:40	0.5	7:55	0.0	8:43	0.0	6:58	6:30	
8	Mon	2:14	0.4	2:36	0.5	8:43	0.0	9:36	0.0	6:59	6:28	
9	Tue	3:16	0.4	3:38	0.5	9:34	0.0	10:37	0.0	7:00	6:27	
10	Wed	4:21	0.4	4:43	0.4	10:36	0.1	11:47	0.1	7:01	6:25	
11	Thu	5:25	0.4	5:46	0.4	11:49	0.1			7:02	6:23	
12	Fri	6:27	0.4	6:48	0.4	12:57	0.1	1:04	0.1	7:03	6:22	
13	Sat	7:30	0.4	7:50	0.4	2:00	0.0	2:11	0.1	7:04	6:20	
14	Sun	8:30	0.4	8:50	0.4	2:54	0.0	3:08	0.1	7:05	6:19	
15	Mon	9:25	0.4	9:42	0.4	3:41	0.0	3:58	0.0	7:06	6:17	
16	Tue	10:11	0.4	10:27	0.4	4:23	0.0	4:45	0.0	7:07	6:16	
17	Wed	10:52	0.5	11:07	0.4	5:04	0.0	5:30	0.0	7:09	6:14	
18	Thu	11:30	0.5	11:46	0.4	5:43	0.0	6:13	0.0	7:10	6:13	
19	Fri			12:06	0.5	6:20	0.0	6:54	0.0	7:11	6:12	
20	Sat	12:24	0.4	12:42	0.4	6:57	0.0	7:34	0.0	7:12	6:10	
21	Sun	1:02	0.4	1:18	0.4	7:33	0.1	8:12	0.0	7:13	6:09	
22	Mon	1:42	0.4	1:55	0.4	8:07	0.1	8:49	0.1	7:14	6:07	
23	Tue	2:24	0.3	2:36	0.4	8:40	0.1	9:28	0.1	7:15	6:06	
24	Wed	3:13	0.3	3:23	0.4	9:15	0.1	10:13	0.1	7:16	6:05	
25	Thu	4:06	0.3	4:15	0.4	9:56	0.1	11:08	0.1	7:17	6:03	
26	Fri	4:59	0.3	5:08	0.4	10:55	0.1			7:18	6:02	
27	Sat	5:51	0.3	6:01	0.4	12:11	0.1	12:15	0.1	7:19	6:01	
28	Sun	5:42	0.3	5:56	0.4	1:11	0.1	12:27	0.1	6:20	4:59	
29	Mon	6:37	0.4	6:55	0.4	1:04	0.1	1:27	0.1	6:22	4:58	
30	Tue	7:31	0.4	7:53	0.4	1:51	0.0	2:21	0.1	6:23	4:57	
31	Wed	8:23	0.4	8:46	0.4	2:37	0.0	3:12	0.0	6:24	4:56	