

Lanoka Harbor, NJ - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:36	0.5	10:07	0.4	3:42	0.0	4:39	0.0	6:58	4:32	
2	Sun	10:27	0.5	11:00	0.4	4:36	0.0	5:33	-0.1	6:59	4:32	
3	Mon	11:18	0.5	11:54	0.4	5:30	0.0	6:26	-0.1	7:00	4:32	
4	Tue			12:12	0.5	6:25	0.0	7:17	-0.1	7:01	4:31	
5	Wed	12:51	0.4	1:08	0.5	7:18	0.0	8:08	0.0	7:02	4:31	
6	Thu	1:51	0.4	2:07	0.4	8:11	0.0	9:00	0.0	7:03	4:31	
7	Fri	2:51	0.4	3:06	0.4	9:07	0.0	9:55	0.0	7:04	4:31	
8	Sat	3:49	0.4	4:02	0.4	10:10	0.0	10:54	0.0	7:05	4:31	
9	Sun	4:43	0.4	4:55	0.4	11:17	0.1	11:51	0.0	7:06	4:31	
10	Mon	5:35	0.4	5:47	0.3			12:22	0.1	7:07	4:31	
11	Tue	6:28	0.4	6:42	0.3	12:44	0.0	1:20	0.1	7:07	4:31	
12	Wed	7:20	0.4	7:39	0.3	1:32	0.0	2:11	0.0	7:08	4:32	
13	Thu	8:10	0.4	8:31	0.3	2:16	0.0	2:58	0.0	7:09	4:32	
14	Fri	8:56	0.4	9:18	0.3	2:58	0.0	3:42	0.0	7:10	4:32	
15	Sat	9:37	0.4	10:00	0.3	3:39	0.0	4:26	0.0	7:10	4:32	
16	Sun	10:16	0.4	10:41	0.3	4:21	0.0	5:09	0.0	7:11	4:33	
17	Mon	10:54	0.4	11:20	0.3	5:03	0.0	5:50	0.0	7:12	4:33	
18	Tue	11:30	0.4	11:58	0.3	5:45	0.0	6:30	0.0	7:12	4:33	
19	Wed			12:05	0.4	6:24	0.0	7:07	0.0	7:13	4:34	
20	Thu	12:37	0.3	12:41	0.4	7:01	0.0	7:42	0.0	7:13	4:34	
21	Fri	1:16	0.3	1:18	0.4	7:36	0.0	8:17	0.0	7:14	4:34	
22	Sat	1:58	0.3	2:01	0.4	8:13	0.0	8:53	0.0	7:14	4:35	
23	Sun	2:44	0.3	2:50	0.3	8:57	0.1	9:34	0.0	7:15	4:36	
24	Mon	3:32	0.3	3:42	0.3	9:54	0.1	10:24	0.0	7:15	4:36	
25	Tue	4:22	0.3	4:38	0.3	11:09	0.1	11:24	0.0	7:16	4:37	
26	Wed	5:15	0.4	5:37	0.3			12:23	0.0	7:16	4:37	
27	Thu	6:14	0.4	6:44	0.3	12:26	0.0	1:30	0.0	7:16	4:38	
28	Fri	7:19	0.4	7:53	0.3	1:28	0.0	2:31	0.0	7:17	4:39	
29	Sat	8:22	0.4	8:56	0.3	2:26	0.0	3:28	0.0	7:17	4:39	
30	Sun	9:21	0.5	9:53	0.4	3:24	0.0	4:24	-0.1	7:17	4:40	
31	Mon	10:15	0.5	10:48	0.4	4:21	-0.1	5:19	-0.1	7:17	4:41	