

































Lanoka Harbor, NJ - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:38	0.4	8:02	0.3	1:46	0.0	2:34	0.0	7:18	4:42	
2	Tue	8:29	0.4	8:53	0.3	2:32	0.0	3:20	0.0	7:18	4:42	
3	Wed	9:14	0.4	9:39	0.3	3:16	0.0	4:04	0.0	7:18	4:43	
4	Thu	9:55	0.4	10:21	0.3	3:59	0.0	4:47	0.0	7:18	4:44	
5	Fri	10:34	0.4	11:02	0.3	4:42	0.0	5:29	0.0	7:18	4:45	
6	Sat	11:10	0.4	11:41	0.3	5:24	0.0	6:09	0.0	7:18	4:46	
7	Sun	11:45	0.4			6:05	0.0	6:46	0.0	7:18	4:47	
8	Mon	12:20	0.3	12:19	0.4	6:43	0.0	7:21	0.0	7:18	4:48	
9	Tue	12:58	0.3	12:52	0.4	7:19	0.0	7:54	0.0	7:17	4:49	
10	Wed	1:37	0.3	1:28	0.4	7:55	0.0	8:26	0.0	7:17	4:50	
11	Thu	2:18	0.3	2:10	0.3	8:33	0.0	9:01	0.0	7:17	4:51	
12	Fri	3:03	0.3	3:00	0.3	9:19	0.0	9:44	0.0	7:17	4:52	
13	Sat	3:51	0.3	3:55	0.3	10:21	0.0	10:42	0.0	7:17	4:53	
14	Sun	4:42	0.3	4:53	0.3	11:35	0.0	11:50	0.0	7:16	4:54	
15	Mon	5:39	0.4	5:58	0.3			12:47	0.0	7:16	4:55	
16	Tue	6:43	0.4	7:09	0.3	12:57	0.0	1:51	0.0	7:15	4:56	
17	Wed	7:49	0.4	8:17	0.3	1:58	0.0	2:49	0.0	7:15	4:57	
18	Thu	8:50	0.4	9:17	0.4	2:57	-0.1	3:45	-0.1	7:15	4:58	
19	Fri	9:45	0.5	10:12	0.4	3:53	-0.1	4:39	-0.1	7:14	4:59	
20	Sat	10:37	0.5	11:05	0.4	4:49	-0.1	5:32	-0.1	7:14	5:01	
21	Sun	11:28	0.5	11:57	0.4	5:44	-0.1	6:22	-0.1	7:13	5:02	
22	Mon			12:19	0.5	6:37	-0.1	7:10	-0.1	7:12	5:03	
23	Tue	12:50	0.4	1:11	0.4	7:27	-0.1	7:56	-0.1	7:12	5:04	
24	Wed	1:44	0.4	2:05	0.4	8:17	-0.1	8:42	-0.1	7:11	5:05	
25	Thu	2:38	0.4	2:58	0.4	9:08	0.0	9:31	0.0	7:10	5:06	
26	Fri	3:31	0.4	3:51	0.3	10:06	0.0	10:23	0.0	7:10	5:08	
27	Sat	4:23	0.4	4:43	0.3	11:08	0.0	11:20	0.0	7:09	5:09	
28	Sun	5:13	0.3	5:36	0.3			12:12	0.0	7:08	5:10	
29	Mon	6:06	0.3	6:32	0.3	12:17	0.0	1:12	0.0	7:07	5:11	
30	Tue	7:02	0.3	7:31	0.3	1:11	0.0	2:05	0.0	7:06	5:12	
31	Wed	7:58	0.3	8:26	0.3	2:02	0.0	2:52	0.0	7:06	5:13	