US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:15	0.3	8:46	0.3	2:21	0.0	3:05	0.0	6:28	5:48	
2	Sat	9:02	0.4	9:30	0.3	3:08	0.0	3:48	0.0	6:27	5:49	
3	Sun	9:44	0.4	10:10	0.4	3:53	0.0	4:29	0.0	6:25	5:51	
4	Mon	10:22	0.4	10:47	0.4	4:37	0.0	5:09	0.0	6:24	5:52	
5	Tue	10:57	0.4	11:22	0.4	5:20	0.0	5:47	0.0	6:22	5:53	
6	Wed	11:32	0.4	11:57	0.4	6:01	0.0	6:24	0.0	6:21	5:54	
7	Thu			12:07	0.4	6:41	0.0	6:59	0.0	6:19	5:55	
8	Fri	12:33	0.4	12:46	0.4	7:20	0.0	7:33	0.0	6:18	5:56	
9	Sat	1:13	0.4	1:30	0.4	8:00	0.0	8:09	0.0	6:16	5:57	
10	Sun	1:59	0.4	2:22	0.3	8:45	0.0	8:51	0.0	6:15	5:58	
11	Mon	2:54	0.4	3:21	0.3	9:41	0.0	9:47	0.0	6:13	5:59	
12	Tue	3:54	0.4	4:23	0.3	10:50	0.0	11:01	0.0	6:11	6:00	
13	Wed	4:56	0.4	5:28	0.3			12:03	0.0	6:10	6:01	
14	Thu	6:01	0.4	6:36	0.3	12:19	0.0	1:11	0.0	6:08	6:02	
15	Fri	7:10	0.4	7:45	0.4	1:29	0.0	2:11	0.0	6:07	6:03	
16	Sat	8:15	0.4	8:46	0.4	2:30	0.0	3:05	0.0	6:05	6:04	
17	Sun	9:12	0.4	9:40	0.4	3:27	0.0	3:56	-0.1	6:03	6:05	
18	Mon	10:03	0.4	10:28	0.4	4:21	-0.1	4:46	-0.1	6:02	6:06	
19	Tue	10:51	0.4	11:15	0.4	5:12	-0.1	5:33	-0.1	6:00	6:07	
20	Wed	11:38	0.4			6:01	-0.1	6:18	-0.1	5:59	6:08	
21	Thu	12:00	0.4	12:24	0.4	6:47	-0.1	7:00	-0.1	5:57	6:09	
22	Fri	12:44	0.4	1:11	0.4	7:31	0.0	7:40	0.0	5:55	6:10	
23	Sat	1:30	0.4	1:59	0.4	8:14	0.0	8:19	0.0	5:54	6:11	
24	Sun	2:17	0.4	2:50	0.3	8:58	0.0	9:00	0.0	5:52	6:12	
25	Mon	3:05	0.4	3:41	0.3	9:48	0.0	9:48	0.1	5:50	6:13	
26	Tue	3:54	0.3	4:32	0.3	10:46	0.1	10:47	0.1	5:49	6:14	
27	Wed	4:44	0.3	5:23	0.3	11:48	0.1	11:52	0.1	5:47	6:15	
28	Thu	5:36	0.3	6:18	0.3			12:47	0.1	5:46	6:16	
29	Fri	6:33	0.3	7:16	0.3	12:54	0.1	1:40	0.1	5:44	6:18	
30	Sat	7:32	0.3	8:09	0.3	1:49	0.1	2:26	0.0	5:42	6:19	
31	Sun	8:24	0.3	8:56	0.4	2:38	0.0	3:10	0.0	5:41	6:20	