

































Lanoka Harbor, NJ - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:54	0.4			6:24	0.0	6:31	0.0	5:32	8:28	
2	Tue	12:15	0.5	12:48	0.4	7:16	-0.1	7:26	0.0	5:32	8:28	
3	Wed	1:08	0.5	1:43	0.4	8:06	-0.1	8:19	0.0	5:33	8:28	
4	Thu	2:03	0.5	2:41	0.4	8:55	-0.1	9:12	0.0	5:33	8:28	
5	Fri	3:00	0.5	3:39	0.4	9:44	0.0	10:08	0.0	5:34	8:28	
6	Sat	3:57	0.4	4:36	0.4	10:36	0.0	11:09	0.0	5:34	8:27	
7	Sun	4:53	0.4	5:30	0.4	11:32	0.0			5:35	8:27	
8	Mon	5:47	0.4	6:22	0.4	12:14	0.1	12:30	0.0	5:36	8:27	
9	Tue	6:41	0.4	7:16	0.4	1:19	0.1	1:26	0.0	5:36	8:26	
10	Wed	7:38	0.4	8:11	0.4	2:18	0.1	2:20	0.0	5:37	8:26	
11	Thu	8:36	0.4	9:05	0.4	3:12	0.1	3:09	0.0	5:38	8:26	
12	Fri	9:31	0.4	9:53	0.4	4:01	0.0	3:55	0.0	5:38	8:25	
13	Sat	10:20	0.4	10:37	0.4	4:47	0.0	4:40	0.0	5:39	8:25	
14	Sun	11:05	0.4	11:18	0.4	5:31	0.0	5:24	0.0	5:40	8:24	
15	Mon	11:47	0.4	11:56	0.4	6:14	0.0	6:08	0.0	5:41	8:24	
16	Tue			12:28	0.4	6:55	0.0	6:51	0.0	5:41	8:23	
17	Wed	12:33	0.4	1:09	0.4	7:33	0.0	7:32	0.0	5:42	8:22	
18	Thu	1:09	0.4	1:49	0.4	8:09	0.0	8:10	0.1	5:43	8:22	
19	Fri	1:44	0.4	2:29	0.4	8:43	0.0	8:46	0.1	5:44	8:21	
20	Sat	2:20	0.4	3:10	0.4	9:15	0.0	9:24	0.1	5:45	8:20	
21	Sun	2:58	0.4	3:51	0.4	9:48	0.0	10:06	0.1	5:46	8:20	
22	Mon	3:43	0.4	4:35	0.4	10:24	0.1	10:59	0.1	5:46	8:19	
23	Tue	4:33	0.4	5:21	0.4	11:11	0.1			5:47	8:18	
24	Wed	5:26	0.4	6:11	0.4	12:06	0.1	12:13	0.1	5:48	8:17	
25	Thu	6:25	0.4	7:09	0.4	1:16	0.1	1:19	0.1	5:49	8:16	
26	Fri	7:31	0.4	8:13	0.4	2:21	0.1	2:23	0.0	5:50	8:15	
27	Sat	8:41	0.4	9:16	0.5	3:20	0.0	3:23	0.0	5:51	8:14	
28	Sun	9:45	0.4	10:13	0.5	4:15	0.0	4:21	0.0	5:52	8:14	
29	Mon	10:43	0.4	11:07	0.5	5:10	0.0	5:18	0.0	5:53	8:13	
30	Tue	11:37	0.4	11:59	0.5	6:03	-0.1	6:15	0.0	5:53	8:12	
31	Wed			12:30	0.5	6:55	-0.1	7:10	0.0	5:54	8:11	