US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:51	0.5	1:23	0.5	7:44	-0.1	8:03	0.0	5:55	8:10	
2	Fri	1:44	0.5	2:18	0.5	8:32	-0.1	8:54	0.0	5:56	8:08	
3	Sat	2:38	0.5	3:14	0.5	9:19	0.0	9:47	0.0	5:57	8:07	
4	Sun	3:34	0.4	4:09	0.4	10:07	0.0	10:43	0.0	5:58	8:06	
5	Mon	4:29	0.4	5:02	0.4	10:59	0.0	11:45	0.1	5:59	8:05	
6	Tue	5:22	0.4	5:53	0.4	11:55	0.0			6:00	8:04	
7	Wed	6:15	0.4	6:45	0.4	12:50	0.1	12:53	0.1	6:01	8:03	
8	Thu	7:10	0.4	7:39	0.4	1:51	0.1	1:49	0.1	6:02	8:02	
9	Fri	8:07	0.3	8:34	0.4	2:45	0.1	2:41	0.1	6:03	8:00	
10	Sat	9:04	0.3	9:26	0.4	3:34	0.1	3:30	0.1	6:04	7:59	
11	Sun	9:55	0.4	10:12	0.4	4:19	0.0	4:15	0.1	6:05	7:58	
12	Mon	10:40	0.4	10:53	0.4	5:02	0.0	5:00	0.0	6:06	7:56	
13	Tue	11:22	0.4	11:31	0.4	5:44	0.0	5:44	0.0	6:07	7:55	
14	Wed			12:01	0.4	6:24	0.0	6:27	0.0	6:07	7:54	
15	Thu	12:07	0.4	12:39	0.4	7:02	0.0	7:08	0.0	6:08	7:53	
16	Fri	12:42	0.4	1:15	0.4	7:38	0.0	7:46	0.0	6:09	7:51	
17	Sat	1:15	0.4	1:50	0.4	8:11	0.0	8:23	0.1	6:10	7:50	
18	Sun	1:49	0.4	2:27	0.4	8:43	0.0	9:00	0.1	6:11	7:48	
19	Mon	2:27	0.4	3:08	0.4	9:14	0.0	9:41	0.1	6:12	7:47	
20	Tue	3:12	0.4	3:55	0.4	9:49	0.1	10:30	0.1	6:13	7:46	
21	Wed	4:05	0.4	4:47	0.4	10:34	0.1	11:36	0.1	6:14	7:44	
22	Thu	5:04	0.4	5:43	0.4	11:38	0.1			6:15	7:43	
23	Fri	6:05	0.4	6:44	0.4	12:49	0.1	12:54	0.1	6:16	7:41	
24	Sat	7:12	0.4	7:50	0.4	1:58	0.1	2:05	0.0	6:17	7:40	
25	Sun	8:23	0.4	8:57	0.5	2:59	0.0	3:08	0.0	6:18	7:38	
26	Mon	9:28	0.4	9:56	0.5	3:55	0.0	4:07	0.0	6:19	7:37	
27	Tue	10:26	0.4	10:50	0.5	4:48	0.0	5:04	0.0	6:20	7:35	
28	Wed	11:19	0.5	11:41	0.5	5:40	-0.1	5:59	0.0	6:21	7:34	
29	Thu			12:09	0.5	6:31	-0.1	6:53	0.0	6:22	7:32	
30	Fri	12:31	0.5	1:00	0.5	7:19	-0.1	7:45	0.0	6:23	7:31	
31	Sat	1:22	0.5	1:51	0.5	8:06	-0.1	8:34	0.0	6:24	7:29	