
































## Lanoka Harbor, NJ - Nov 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:55	0.4	3:03	0.4	8:57	0.1	9:51	0.1	6:26	4:54	
2	Sat	3:47	0.3	3:54	0.4	9:49	0.1	10:48	0.1	6:27	4:53	
3	Sun	4:38	0.3	4:44	0.4	10:52	0.1	11:46	0.1	6:28	4:52	
4	Mon	5:28	0.3	5:34	0.3	11:57	0.1			6:29	4:50	
5	Tue	6:19	0.3	6:27	0.3	12:40	0.1	12:56	0.1	6:30	4:49	
6	Wed	7:11	0.4	7:21	0.4	1:28	0.1	1:49	0.1	6:31	4:48	
7	Thu	8:00	0.4	8:12	0.4	2:12	0.0	2:36	0.1	6:32	4:47	
8	Fri	8:45	0.4	8:58	0.4	2:54	0.0	3:22	0.0	6:34	4:46	
9	Sat	9:25	0.4	9:41	0.4	3:35	0.0	4:08	0.0	6:35	4:45	
10	Sun	10:04	0.5	10:22	0.4	4:17	0.0	4:54	0.0	6:36	4:44	
11	Mon	10:42	0.5	11:03	0.4	5:00	0.0	5:40	0.0	6:37	4:43	
12	Tue	11:23	0.5	11:47	0.4	5:44	0.0	6:26	0.0	6:38	4:43	
13	Wed			12:08	0.5	6:28	0.0	7:12	0.0	6:39	4:42	
14	Thu	12:36	0.4	12:58	0.5	7:14	0.0	7:59	0.0	6:40	4:41	
15	Fri	1:32	0.4	1:54	0.4	8:02	0.0	8:49	0.0	6:42	4:40	
16	Sat	2:34	0.4	2:56	0.4	8:57	0.0	9:47	0.0	6:43	4:39	
17	Sun	3:36	0.4	3:58	0.4	10:04	0.0	10:51	0.0	6:44	4:39	
18	Mon	4:37	0.4	4:57	0.4	11:18	0.0	11:55	0.0	6:45	4:38	
19	Tue	5:36	0.4	5:57	0.4			12:28	0.0	6:46	4:37	
20	Wed	6:36	0.4	6:59	0.4	12:54	0.0	1:31	0.0	6:47	4:37	
21	Thu	7:36	0.4	7:59	0.4	1:49	0.0	2:28	0.0	6:48	4:36	
22	Fri	8:31	0.4	8:54	0.4	2:39	0.0	3:20	0.0	6:49	4:35	
23	Sat	9:20	0.5	9:43	0.4	3:27	0.0	4:09	0.0	6:51	4:35	
24	Sun	10:05	0.5	10:30	0.4	4:13	0.0	4:58	0.0	6:52	4:34	
25	Mon	10:47	0.5	11:14	0.4	4:59	0.0	5:44	0.0	6:53	4:34	
26	Tue	11:29	0.4	11:59	0.4	5:43	0.0	6:28	0.0	6:54	4:33	
27	Wed			12:10	0.4	6:25	0.0	7:09	0.0	6:55	4:33	
28	Thu	12:44	0.4	12:52	0.4	7:05	0.0	7:48	0.0	6:56	4:33	
29	Fri	1:31	0.3	1:35	0.4	7:44	0.0	8:28	0.0	6:57	4:32	
30	Sat	2:21	0.3	2:22	0.4	8:24	0.1	9:09	0.0	6:58	4:32	