US HARBORS www.USHarbors.com

# Lanoka Harbor, NJ - Jan 1997

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 4:03 | 0.3 | 3:58 | 0.3 | 10:16 | 0.1 | 10:46 | 0.0 | 7:18 | 4:42 | |
| 2 | Thu | 4:47 | 0.3 | 4:46 | 0.3 | 11:23 | 0.1 | 11:44 | 0.0 | 7:18 | 4:43 | |
| 3 | Fri | 5:34 | 0.3 | 5:40 | 0.3 | | | 12:29 | 0.1 | 7:18 | 4:44 | |
| 4 | Sat | 6:27 | 0.3 | 6:42 | 0.3 | 12:42 | 0.0 | 1:29 | 0.0 | 7:18 | 4:45 | |
| 5 | Sun | 7:25 | 0.4 | 7:47 | 0.3 | 1:37 | 0.0 | 2:24 | 0.0 | 7:18 | 4:46 | |
| 6 | Mon | 8:21 | 0.4 | 8:46 | 0.3 | 2:29 | 0.0 | 3:17 | 0.0 | 7:18 | 4:47 | |
| 7 | Tue | 9:13 | 0.4 | 9:38 | 0.4 | 3:21 | 0.0 | 4:09 | -0.1 | 7:18 | 4:48 | |
| 8 | Wed | 10:03 | 0.5 | 10:29 | 0.4 | 4:13 | -0.1 | 5:00 | -0.1 | 7:17 | 4:49 | |
| 9 | Thu | 10:52 | 0.5 | 11:19 | 0.4 | 5:06 | -0.1 | 5:51 | -0.1 | 7:17 | 4:50 | |
| 10 | Fri | 11:42 | 0.5 | | | 5:59 | -0.1 | 6:40 | -0.1 | 7:17 | 4:51 | |
| 11 | Sat | 12:12 | 0.4 | 12:34 | 0.5 | 6:51 | -0.1 | 7:28 | -0.1 | 7:17 | 4:52 | |
| 12 | Sun | 1:06 | 0.4 | 1:28 | 0.4 | 7:42 | -0.1 | 8:16 | -0.1 | 7:17 | 4:53 | |
| 13 | Mon | 2:03 | 0.4 | 2:25 | 0.4 | 8:35 | -0.1 | 9:06 | -0.1 | 7:16 | 4:54 | |
| 14 | Tue | 3:02 | 0.4 | 3:22 | 0.4 | 9:33 | 0.0 | 10:01 | -0.1 | 7:16 | 4:55 | |
| 15 | Wed | 3:58 | 0.4 | 4:19 | 0.4 | 10:38 | 0.0 | 11:00 | 0.0 | 7:16 | 4:56 | |
| 16 | Thu | 4:53 | 0.4 | 5:14 | 0.3 | 11:46 | 0.0 | | | 7:15 | 4:57 | |
| 17 | Fri | 5:49 | 0.4 | 6:12 | 0.3 | 12:01 | 0.0 | 12:51 | 0.0 | 7:15 | 4:58 | |
| 18 | Sat | 6:47 | 0.4 | 7:13 | 0.3 | 12:59 | 0.0 | 1:50 | 0.0 | 7:14 | 4:59 | |
| 19 | Sun | 7:46 | 0.4 | 8:13 | 0.3 | 1:53 | 0.0 | 2:43 | 0.0 | 7:14 | 5:00 | |
| 20 | Mon | 8:39 | 0.4 | 9:05 | 0.3 | 2:42 | 0.0 | 3:31 | 0.0 | 7:13 | 5:01 | |
| 21 | Tue | 9:26 | 0.4 | 9:51 | 0.3 | 3:29 | 0.0 | 4:16 | 0.0 | 7:13 | 5:03 | |
| 22 | Wed | 10:08 | 0.4 | 10:34 | 0.3 | 4:14 | 0.0 | 5:00 | 0.0 | 7:12 | 5:04 | |
| 23 | Thu | 10:47 | 0.4 | 11:14 | 0.3 | 4:57 | 0.0 | 5:41 | 0.0 | 7:11 | 5:05 | |
| 24 | Fri | 11:24 | 0.4 | 11:54 | 0.3 | 5:40 | 0.0 | 6:19 | 0.0 | 7:11 | 5:06 | |
| 25 | Sat | | | 12:01 | 0.4 | 6:20 | 0.0 | 6:55 | 0.0 | 7:10 | 5:07 | |
| 26 | Sun | 12:33 | 0.3 | 12:36 | 0.4 | 6:57 | 0.0 | 7:29 | 0.0 | 7:09 | 5:08 | |
| 27 | Mon | 1:12 | 0.3 | 1:11 | 0.3 | 7:33 | 0.0 | 8:01 | 0.0 | 7:08 | 5:10 | |
| 28 | Tue | 1:51 | 0.3 | 1:47 | 0.3 | 8:09 | 0.0 | 8:32 | 0.0 | 7:07 | 5:11 | |
| 29 | Wed | 2:31 | 0.3 | 2:27 | 0.3 | 8:46 | 0.0 | 9:05 | 0.0 | 7:07 | 5:12 | |
| 30 | Thu | 3:12 | 0.3 | 3:12 | 0.3 | 9:32 | 0.0 | 9:46 | 0.0 | 7:06 | 5:13 | |
| 31 | Fri | 3:57 | 0.3 | 4:04 | 0.3 | 10:32 | 0.0 | 10:43 | 0.0 | 7:05 | 5:14 | |