US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:14	0.3	3:35	0.3	9:57	0.0	9:58	0.0	6:29	5:48	
2	Sun	4:09	0.4	4:34	0.3	11:09	0.0	11:14	0.0	6:27	5:49	
3	Mon	5:09	0.4	5:39	0.3			12:23	0.0	6:26	5:50	
4	Tue	6:15	0.4	6:50	0.3	12:33	0.0	1:29	0.0	6:24	5:51	
5	Wed	7:25	0.4	7:59	0.4	1:41	0.0	2:28	0.0	6:23	5:52	
6	Thu	8:30	0.4	9:00	0.4	2:42	0.0	3:22	-0.1	6:21	5:53	
7	Fri	9:26	0.4	9:53	0.4	3:39	-0.1	4:15	-0.1	6:20	5:55	
8	Sat	10:18	0.5	10:44	0.4	4:35	-0.1	5:06	-0.1	6:18	5:56	
9	Sun	11:09	0.5	11:34	0.5	5:29	-0.1	5:55	-0.1	6:16	5:57	
10	Mon	11:59	0.5			6:21	-0.1	6:42	-0.1	6:15	5:58	
11	Tue	12:24	0.5	12:50	0.4	7:11	-0.1	7:28	-0.1	6:13	5:59	
12	Wed	1:15	0.4	1:42	0.4	7:59	-0.1	8:13	-0.1	6:12	6:00	
13	Thu	2:07	0.4	2:37	0.4	8:49	0.0	9:00	0.0	6:10	6:01	
14	Fri	3:01	0.4	3:32	0.4	9:44	0.0	9:53	0.0	6:09	6:02	
15	Sat	3:55	0.4	4:26	0.3	10:45	0.0	10:52	0.0	6:07	6:03	
16	Sun	4:48	0.4	5:21	0.3	11:50	0.0	11:56	0.1	6:05	6:04	
17	Mon	5:42	0.3	6:17	0.3			12:52	0.0	6:04	6:05	
18	Tue	6:40	0.3	7:16	0.3	12:57	0.1	1:46	0.0	6:02	6:06	
19	Wed	7:38	0.3	8:12	0.3	1:51	0.0	2:33	0.0	6:01	6:07	
20	Thu	8:31	0.3	9:00	0.3	2:40	0.0	3:16	0.0	5:59	6:08	
21	Fri	9:17	0.4	9:42	0.4	3:26	0.0	3:57	0.0	5:57	6:09	
22	Sat	9:57	0.4	10:21	0.4	4:09	0.0	4:37	0.0	5:56	6:10	
23	Sun	10:34	0.4	10:57	0.4	4:52	0.0	5:16	0.0	5:54	6:11	
24	Mon	11:09	0.4	11:31	0.4	5:33	0.0	5:53	0.0	5:52	6:12	
25	Tue	11:43	0.4			6:13	0.0	6:28	0.0	5:51	6:13	
26	Wed	12:04	0.4	12:17	0.4	6:51	0.0	7:00	0.0	5:49	6:14	
27	Thu	12:36	0.4	12:52	0.4	7:27	0.0	7:32	0.0	5:48	6:15	
28	Fri	1:12	0.4	1:33	0.3	8:04	0.0	8:05	0.0	5:46	6:16	
29	Sat	1:54	0.4	2:22	0.3	8:46	0.0	8:44	0.0	5:44	6:17	
30	Sun	2:46	0.4	3:20	0.3	9:38	0.0	9:37	0.0	5:43	6:18	
31	Mon	3:46	0.4	4:21	0.3	10:46	0.0	10:54	0.0	5:41	6:19	