US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:30	0.4	10:47	0.4	4:56	0.0	4:53	0.0	5:55	8:10	
2	Sat	11:15	0.4	11:29	0.4	5:41	0.0	5:39	0.0	5:56	8:09	
3	Sun	11:58	0.4			6:24	0.0	6:23	0.0	5:57	8:08	
4	Mon	12:08	0.4	12:39	0.4	7:04	0.0	7:05	0.0	5:58	8:07	
5	Tue	12:46	0.4	1:20	0.4	7:41	0.0	7:45	0.0	5:59	8:05	
6	Wed	1:24	0.4	2:00	0.4	8:16	0.0	8:23	0.1	6:00	8:04	
7	Thu	2:01	0.4	2:41	0.4	8:50	0.0	9:00	0.1	6:01	8:03	
8	Fri	2:39	0.4	3:23	0.4	9:22	0.0	9:39	0.1	6:02	8:02	
9	Sat	3:19	0.4	4:05	0.4	9:55	0.1	10:22	0.1	6:03	8:01	
10	Sun	4:03	0.4	4:47	0.4	10:32	0.1	11:17	0.1	6:03	7:59	
11	Mon	4:51	0.3	5:32	0.4	11:21	0.1			6:04	7:58	
12	Tue	5:42	0.3	6:21	0.4	12:24	0.1	12:24	0.1	6:05	7:57	
13	Wed	6:39	0.3	7:18	0.4	1:30	0.1	1:31	0.1	6:06	7:56	
14	Thu	7:44	0.3	8:20	0.4	2:31	0.1	2:33	0.1	6:07	7:54	
15	Fri	8:51	0.4	9:21	0.5	3:26	0.0	3:30	0.0	6:08	7:53	
16	Sat	9:51	0.4	10:16	0.5	4:19	0.0	4:26	0.0	6:09	7:51	
17	Sun	10:44	0.4	11:07	0.5	5:10	0.0	5:21	0.0	6:10	7:50	
18	Mon	11:35	0.5	11:57	0.5	6:01	0.0	6:16	0.0	6:11	7:49	
19	Tue			12:26	0.5	6:51	-0.1	7:10	0.0	6:12	7:47	
20	Wed	12:48	0.5	1:18	0.5	7:40	-0.1	8:02	0.0	6:13	7:46	
21	Thu	1:40	0.5	2:12	0.5	8:27	-0.1	8:53	0.0	6:14	7:44	
22	Fri	2:35	0.5	3:08	0.5	9:14	0.0	9:47	0.0	6:15	7:43	
23	Sat	3:32	0.4	4:05	0.5	10:04	0.0	10:46	0.0	6:16	7:42	
24	Sun	4:30	0.4	5:01	0.4	10:59	0.0	11:50	0.0	6:17	7:40	
25	Mon	5:27	0.4	5:56	0.4			12:00	0.0	6:18	7:39	
26	Tue	6:23	0.4	6:52	0.4	12:57	0.1	1:02	0.1	6:19	7:37	
27	Wed	7:21	0.4	7:50	0.4	2:00	0.1	2:02	0.1	6:20	7:36	
28	Thu	8:22	0.4	8:47	0.4	2:56	0.1	2:56	0.1	6:21	7:34	
29	Fri	9:18	0.4	9:39	0.4	3:45	0.0	3:45	0.1	6:21	7:32	
30	Sat	10:08	0.4	10:24	0.4	4:30	0.0	4:31	0.0	6:22	7:31	
31	Sun	10:51	0.4	11:05	0.4	5:12	0.0	5:15	0.0	6:23	7:29	