

































Lanoka Harbor, NJ - Mar 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:40	0.4	1:06	0.4	7:26	-0.1	7:47	-0.1	6:29	5:48	
2	Mon	1:33	0.4	2:01	0.4	8:17	-0.1	8:34	-0.1	6:28	5:49	
3	Tue	2:29	0.4	2:58	0.4	9:11	0.0	9:26	0.0	6:26	5:50	
4	Wed	3:27	0.4	3:57	0.4	10:13	0.0	10:26	0.0	6:25	5:51	
5	Thu	4:24	0.4	4:54	0.3	11:21	0.0	11:31	0.0	6:23	5:52	
6	Fri	5:21	0.4	5:54	0.3			12:29	0.0	6:22	5:53	
7	Sat	6:22	0.4	6:57	0.3	12:37	0.0	1:31	0.0	6:20	5:54	
8	Sun	7:25	0.4	7:59	0.3	1:37	0.0	2:26	0.0	6:18	5:55	
9	Mon	8:23	0.4	8:52	0.3	2:31	0.0	3:14	0.0	6:17	5:56	
10	Tue	9:13	0.4	9:38	0.4	3:20	0.0	3:58	0.0	6:15	5:57	
11	Wed	9:55	0.4	10:19	0.4	4:05	0.0	4:40	0.0	6:14	5:59	
12	Thu	10:34	0.4	10:58	0.4	4:49	0.0	5:19	0.0	6:12	6:00	
13	Fri	11:12	0.4	11:35	0.4	5:31	0.0	5:56	0.0	6:11	6:01	
14	Sat	11:48	0.4			6:11	0.0	6:31	0.0	6:09	6:02	
15	Sun	12:11	0.4	12:23	0.4	6:48	0.0	7:04	0.0	6:07	6:03	
16	Mon	12:46	0.4	12:58	0.3	7:24	0.0	7:35	0.0	6:06	6:04	
17	Tue	1:21	0.4	1:34	0.3	7:59	0.0	8:04	0.0	6:04	6:05	
18	Wed	1:57	0.4	2:13	0.3	8:35	0.0	8:35	0.0	6:03	6:06	
19	Thu	2:37	0.3	2:59	0.3	9:16	0.0	9:11	0.1	6:01	6:07	
20	Fri	3:23	0.3	3:51	0.3	10:11	0.1	10:05	0.1	5:59	6:08	
21	Sat	4:16	0.3	4:48	0.3	11:22	0.1	11:25	0.1	5:58	6:09	
22	Sun	5:14	0.4	5:50	0.3			12:32	0.0	5:56	6:10	
23	Mon	6:19	0.4	6:57	0.3	12:42	0.1	1:33	0.0	5:54	6:11	
24	Tue	7:28	0.4	8:02	0.4	1:47	0.0	2:28	0.0	5:53	6:12	
25	Wed	8:30	0.4	8:59	0.4	2:46	0.0	3:20	0.0	5:51	6:13	
26	Thu	9:25	0.4	9:50	0.4	3:41	0.0	4:10	-0.1	5:50	6:14	
27	Fri	10:15	0.5	10:40	0.5	4:35	-0.1	5:00	-0.1	5:48	6:15	
28	Sat	11:05	0.5	11:29	0.5	5:29	-0.1	5:50	-0.1	5:46	6:16	
29	Sun	11:56	0.5			6:21	-0.1	6:37	-0.1	5:45	6:17	
30	Mon	12:19	0.5	12:48	0.4	7:11	-0.1	7:24	-0.1	5:43	6:18	
31	Tue	1:11	0.5	1:43	0.4	8:01	-0.1	8:12	-0.1	5:42	6:19	