
































## Lanoka Harbor, NJ - Apr 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:35	0.4	9:02	0.4	2:49	0.0	3:18	0.0	5:39	6:21	
2	Sun	10:20	0.4	10:43	0.4	4:36	0.0	5:01	0.0	6:38	7:22	
3	Mon	11:02	0.4	11:21	0.4	5:22	0.0	5:43	0.0	6:36	7:23	
4	Tue	11:42	0.4			6:08	0.0	6:25	0.0	6:34	7:24	
5	Wed	12:00	0.4	12:24	0.4	6:53	0.0	7:06	0.0	6:33	7:25	
6	Thu	12:40	0.4	1:07	0.4	7:39	0.0	7:47	0.0	6:31	7:26	
7	Fri	1:23	0.4	1:56	0.4	8:24	0.0	8:29	0.0	6:30	7:27	
8	Sat	2:11	0.4	2:49	0.4	9:11	0.0	9:14	0.0	6:28	7:28	
9	Sun	3:06	0.4	3:49	0.4	10:04	0.0	10:06	0.0	6:27	7:29	
10	Mon	4:06	0.4	4:51	0.4	11:06	0.0	11:10	0.0	6:25	7:30	
11	Tue	5:09	0.4	5:52	0.4			12:17	0.0	6:23	7:31	
12	Wed	6:11	0.4	6:55	0.4	12:25	0.0	1:26	0.0	6:22	7:32	
13	Thu	7:16	0.4	8:00	0.4	1:37	0.0	2:28	0.0	6:20	7:33	
14	Fri	8:23	0.4	9:02	0.4	2:42	0.0	3:22	0.0	6:19	7:34	
15	Sat	9:24	0.4	9:57	0.4	3:39	0.0	4:12	0.0	6:17	7:35	
16	Sun	10:16	0.4	10:44	0.4	4:32	0.0	4:58	0.0	6:16	7:36	
17	Mon	11:02	0.4	11:27	0.4	5:21	0.0	5:43	0.0	6:14	7:37	
18	Tue	11:45	0.4			6:08	0.0	6:25	0.0	6:13	7:38	
19	Wed	12:08	0.4	12:27	0.4	6:52	0.0	7:05	0.0	6:12	7:39	
20	Thu	12:47	0.4	1:08	0.4	7:34	0.0	7:42	0.0	6:10	7:40	
21	Fri	1:26	0.4	1:50	0.4	8:13	0.0	8:18	0.0	6:09	7:41	
22	Sat	2:06	0.4	2:34	0.3	8:52	0.0	8:52	0.0	6:07	7:42	
23	Sun	2:48	0.4	3:21	0.3	9:31	0.0	9:28	0.1	6:06	7:43	
24	Mon	3:33	0.4	4:11	0.3	10:13	0.1	10:08	0.1	6:05	7:44	
25	Tue	4:21	0.4	5:01	0.3	11:04	0.1	11:02	0.1	6:03	7:45	
26	Wed	5:10	0.3	5:51	0.3			12:04	0.1	6:02	7:46	
27	Thu	6:00	0.3	6:42	0.3	12:14	0.1	1:05	0.1	6:01	7:47	
28	Fri	6:54	0.3	7:36	0.3	1:23	0.1	2:01	0.1	5:59	7:48	
29	Sat	7:52	0.4	8:31	0.4	2:23	0.1	2:51	0.0	5:58	7:49	
30	Sun	8:50	0.4	9:22	0.4	3:16	0.1	3:36	0.0	5:57	7:50	