

































Lanoka Harbor, NJ - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:24	0.4	11:42	0.5	5:55	0.0	5:54	0.0	5:32	8:28	
2	Sun			12:19	0.4	6:50	-0.1	6:50	0.0	5:32	8:28	
3	Mon	12:35	0.5	1:14	0.4	7:42	-0.1	7:44	0.0	5:33	8:28	
4	Tue	1:30	0.5	2:12	0.4	8:32	-0.1	8:37	0.0	5:33	8:28	
5	Wed	2:26	0.5	3:10	0.4	9:21	0.0	9:31	0.0	5:34	8:28	
6	Thu	3:23	0.5	4:08	0.4	10:12	0.0	10:27	0.0	5:34	8:27	
7	Fri	4:20	0.4	5:03	0.4	11:07	0.0	11:30	0.1	5:35	8:27	
8	Sat	5:14	0.4	5:54	0.4			12:03	0.0	5:36	8:27	
9	Sun	6:05	0.4	6:45	0.4	12:34	0.1	12:58	0.0	5:36	8:26	
10	Mon	6:58	0.4	7:37	0.4	1:36	0.1	1:51	0.0	5:37	8:26	
11	Tue	7:54	0.3	8:30	0.4	2:32	0.1	2:39	0.0	5:38	8:26	
12	Wed	8:51	0.3	9:20	0.4	3:22	0.1	3:25	0.1	5:38	8:25	
13	Thu	9:43	0.3	10:06	0.4	4:09	0.0	4:08	0.1	5:39	8:25	
14	Fri	10:30	0.3	10:48	0.4	4:54	0.0	4:52	0.1	5:40	8:24	
15	Sat	11:13	0.4	11:28	0.4	5:38	0.0	5:36	0.1	5:41	8:24	
16	Sun	11:54	0.4			6:21	0.0	6:19	0.1	5:41	8:23	
17	Mon	12:06	0.4	12:34	0.4	7:02	0.0	7:01	0.1	5:42	8:22	
18	Tue	12:43	0.4	1:14	0.4	7:41	0.0	7:40	0.1	5:43	8:22	
19	Wed	1:19	0.4	1:53	0.4	8:17	0.0	8:18	0.1	5:44	8:21	
20	Thu	1:55	0.4	2:32	0.4	8:51	0.0	8:54	0.1	5:45	8:20	
21	Fri	2:34	0.4	3:13	0.4	9:25	0.0	9:32	0.1	5:46	8:20	
22	Sat	3:17	0.4	3:57	0.4	10:01	0.0	10:18	0.1	5:46	8:19	
23	Sun	4:06	0.4	4:44	0.4	10:43	0.0	11:19	0.1	5:47	8:18	
24	Mon	4:58	0.4	5:33	0.4	11:36	0.0			5:48	8:17	
25	Tue	5:54	0.4	6:27	0.4	12:32	0.1	12:38	0.0	5:49	8:16	
26	Wed	6:55	0.4	7:28	0.4	1:43	0.1	1:42	0.0	5:50	8:15	
27	Thu	8:03	0.4	8:34	0.5	2:47	0.0	2:44	0.0	5:51	8:14	
28	Fri	9:11	0.4	9:37	0.5	3:45	0.0	3:43	0.0	5:52	8:14	
29	Sat	10:12	0.4	10:34	0.5	4:42	0.0	4:41	0.0	5:53	8:13	
30	Sun	11:09	0.4	11:28	0.5	5:37	0.0	5:38	0.0	5:53	8:12	
31	Mon			12:03	0.4	6:31	0.0	6:35	0.0	5:54	8:11	