

































Lanoka Harbor, NJ - Aug 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:20	0.5	12:56	0.4	7:22	-0.1	7:29	0.0	5:55	8:09	
2	Wed	1:12	0.5	1:50	0.4	8:10	-0.1	8:20	0.0	5:56	8:08	
3	Thu	2:05	0.5	2:45	0.4	8:56	0.0	9:10	0.0	5:57	8:07	
4	Fri	2:59	0.5	3:39	0.4	9:43	0.0	10:02	0.0	5:58	8:06	
5	Sat	3:52	0.4	4:32	0.4	10:31	0.0	10:58	0.1	5:59	8:05	
6	Sun	4:45	0.4	5:22	0.4	11:22	0.0	11:59	0.1	6:00	8:04	
7	Mon	5:36	0.4	6:11	0.4			12:17	0.1	6:01	8:03	
8	Tue	6:27	0.3	7:01	0.4	1:02	0.1	1:12	0.1	6:02	8:01	
9	Wed	7:21	0.3	7:54	0.4	2:00	0.1	2:05	0.1	6:03	8:00	
10	Thu	8:19	0.3	8:48	0.4	2:53	0.1	2:54	0.1	6:04	7:59	
11	Fri	9:15	0.3	9:38	0.4	3:40	0.1	3:41	0.1	6:05	7:58	
12	Sat	10:05	0.3	10:23	0.4	4:25	0.1	4:26	0.1	6:06	7:56	
13	Sun	10:49	0.4	11:04	0.4	5:09	0.0	5:11	0.1	6:07	7:55	
14	Mon	11:29	0.4	11:42	0.4	5:52	0.0	5:55	0.1	6:08	7:54	
15	Tue			12:07	0.4	6:33	0.0	6:38	0.0	6:08	7:52	
16	Wed	12:18	0.4	12:44	0.4	7:11	0.0	7:18	0.0	6:09	7:51	
17	Thu	12:53	0.4	1:19	0.4	7:47	0.0	7:57	0.0	6:10	7:50	
18	Fri	1:28	0.4	1:55	0.4	8:21	0.0	8:34	0.1	6:11	7:48	
19	Sat	2:06	0.4	2:34	0.4	8:55	0.0	9:13	0.1	6:12	7:47	
20	Sun	2:50	0.4	3:19	0.4	9:29	0.0	9:58	0.1	6:13	7:45	
21	Mon	3:41	0.4	4:11	0.4	10:10	0.0	10:56	0.1	6:14	7:44	
22	Tue	4:37	0.4	5:06	0.4	11:02	0.0			6:15	7:43	
23	Wed	5:36	0.4	6:04	0.4	12:09	0.1	12:09	0.1	6:16	7:41	
24	Thu	6:39	0.4	7:08	0.4	1:23	0.1	1:21	0.0	6:17	7:40	
25	Fri	7:48	0.4	8:16	0.5	2:30	0.0	2:29	0.0	6:18	7:38	
26	Sat	8:57	0.4	9:22	0.5	3:29	0.0	3:30	0.0	6:19	7:37	
27	Sun	9:58	0.4	10:20	0.5	4:24	0.0	4:28	0.0	6:20	7:35	
28	Mon	10:53	0.4	11:13	0.5	5:17	0.0	5:25	0.0	6:21	7:34	
29	Tue	11:45	0.5			6:09	0.0	6:19	0.0	6:22	7:32	
30	Wed	12:02	0.5	12:35	0.5	6:58	0.0	7:11	0.0	6:23	7:30	
31	Thu	12:51	0.5	1:24	0.5	7:44	0.0	8:00	0.0	6:24	7:29	